

































Sheepshead Bay, NY - Jul 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:04	4.5	10:10	5.4	4:01	0.3	3:57	0.9	5:29	8:30	
2	Sun	10:45	4.5	10:47	5.2	4:40	0.3	4:38	1.0	5:29	8:30	
3	Mon	11:26	4.5	11:25	5.0	5:16	0.3	5:18	1.1	5:30	8:30	
4	Tue			12:07	4.5	5:52	0.4	5:59	1.2	5:30	8:29	
5	Wed	12:04	4.8	12:48	4.6	6:28	0.5	6:44	1.3	5:31	8:29	
6	Thu	12:48	4.6	1:30	4.7	7:07	0.6	7:36	1.3	5:32	8:29	
7	Fri	1:36	4.4	2:14	4.9	7:52	0.7	8:37	1.3	5:32	8:29	
8	Sat	2:30	4.3	3:02	5.1	8:44	0.8	9:42	1.1	5:33	8:28	
9	Sun	3:28	4.2	3:56	5.3	9:42	0.8	10:44	0.9	5:33	8:28	
10	Mon	4:30	4.2	4:54	5.6	10:40	0.7	11:43	0.6	5:34	8:27	
11	Tue	5:34	4.3	5:55	5.8	11:37	0.5			5:35	8:27	
12	Wed	6:36	4.5	6:54	6.1	12:40	0.3	12:33	0.3	5:36	8:26	
13	Thu	7:33	4.8	7:49	6.4	1:35	0.0	1:29	0.0	5:36	8:26	
14	Fri	8:27	5.1	8:42	6.5	2:29	-0.2	2:25	-0.1	5:37	8:25	
15	Sat	9:20	5.3	9:33	6.5	3:20	-0.5	3:20	-0.2	5:38	8:25	
16	Sun	10:12	5.6	10:23	6.3	4:09	-0.6	4:14	-0.2	5:39	8:24	
17	Mon	11:05	5.7	11:15	6.0	4:56	-0.6	5:08	-0.1	5:40	8:24	
18	Tue	11:58	5.8			5:42	-0.6	6:01	0.1	5:40	8:23	
19	Wed	12:07	5.7	12:51	5.8	6:29	-0.4	6:57	0.4	5:41	8:22	
20	Thu	1:01	5.3	1:43	5.7	7:18	-0.1	7:56	0.6	5:42	8:21	
21	Fri	1:55	4.9	2:36	5.6	8:11	0.2	8:59	0.8	5:43	8:21	
22	Sat	2:51	4.6	3:30	5.5	9:08	0.5	10:02	0.9	5:44	8:20	
23	Sun	3:49	4.4	4:25	5.4	10:06	0.7	11:00	0.8	5:45	8:19	
24	Mon	4:49	4.3	5:21	5.3	11:01	0.7	11:54	0.7	5:46	8:18	
25	Tue	5:47	4.3	6:14	5.4	11:53	0.8			5:46	8:17	
26	Wed	6:42	4.3	7:04	5.5	12:44	0.6	12:41	0.7	5:47	8:16	
27	Thu	7:32	4.5	7:48	5.5	1:30	0.5	1:27	0.7	5:48	8:15	
28	Fri	8:17	4.6	8:29	5.5	2:14	0.4	2:11	0.7	5:49	8:14	
29	Sat	8:58	4.7	9:07	5.5	2:55	0.3	2:54	0.8	5:50	8:13	
30	Sun	9:37	4.8	9:42	5.4	3:33	0.2	3:34	0.8	5:51	8:12	
31	Mon	10:14	4.8	10:16	5.2	4:08	0.2	4:13	0.9	5:52	8:11	