

































## Sheepshead Bay, NY - Jan 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:22	5.2	6:55	4.4	12:09	0.0	12:52	-0.1	7:19	4:39	
2	Sun	7:04	5.4	7:39	4.5	12:53	-0.1	1:38	-0.3	7:19	4:40	
3	Mon	7:47	5.5	8:22	4.6	1:38	-0.1	2:23	-0.4	7:19	4:40	
4	Tue	8:29	5.6	9:06	4.6	2:23	-0.2	3:07	-0.5	7:19	4:41	
5	Wed	9:14	5.6	9:53	4.7	3:08	-0.2	3:51	-0.5	7:19	4:42	
6	Thu	10:02	5.5	10:43	4.7	3:54	-0.2	4:35	-0.4	7:19	4:43	
7	Fri	10:53	5.3	11:36	4.8	4:43	-0.1	5:22	-0.4	7:19	4:44	
8	Sat	11:48	5.1			5:37	0.0	6:13	-0.3	7:19	4:45	
9	Sun	12:32	4.9	12:46	4.9	6:38	0.1	7:10	-0.2	7:18	4:46	
10	Mon	1:29	5.0	1:46	4.7	7:45	0.1	8:12	-0.1	7:18	4:47	
11	Tue	2:27	5.1	2:48	4.5	8:53	0.1	9:13	-0.2	7:18	4:48	
12	Wed	3:26	5.2	3:51	4.5	9:56	-0.1	10:11	-0.2	7:18	4:49	
13	Thu	4:26	5.4	4:53	4.6	10:55	-0.3	11:07	-0.3	7:17	4:50	
14	Fri	5:24	5.5	5:51	4.7	11:50	-0.4			7:17	4:51	
15	Sat	6:18	5.6	6:45	4.8	12:00	-0.4	12:42	-0.5	7:17	4:53	
16	Sun	7:08	5.7	7:35	4.8	12:51	-0.4	1:32	-0.6	7:16	4:54	
17	Mon	7:55	5.6	8:22	4.8	1:40	-0.4	2:19	-0.6	7:16	4:55	
18	Tue	8:40	5.5	9:07	4.8	2:27	-0.3	3:03	-0.5	7:15	4:56	
19	Wed	9:24	5.3	9:51	4.7	3:11	-0.2	3:44	-0.4	7:15	4:57	
20	Thu	10:07	5.1	10:35	4.6	3:53	0.0	4:24	-0.3	7:14	4:58	
21	Fri	10:50	4.8	11:18	4.5	4:35	0.2	5:03	-0.1	7:13	4:59	
22	Sat	11:33	4.5			5:18	0.4	5:43	0.1	7:13	5:01	
23	Sun	12:02	4.4	12:19	4.2	6:05	0.6	6:26	0.3	7:12	5:02	
24	Mon	12:46	4.3	1:06	4.0	6:57	0.8	7:15	0.5	7:11	5:03	
25	Tue	1:32	4.3	1:57	3.8	7:56	0.8	8:09	0.6	7:11	5:04	
26	Wed	2:21	4.3	2:52	3.8	8:57	0.8	9:05	0.6	7:10	5:05	
27	Thu	3:13	4.4	3:49	3.8	9:54	0.6	10:00	0.5	7:09	5:07	
28	Fri	4:07	4.6	4:47	4.0	10:48	0.4	10:51	0.3	7:08	5:08	
29	Sat	5:02	4.8	5:41	4.2	11:39	0.1	11:41	0.1	7:07	5:09	
30	Sun	5:53	5.1	6:31	4.4			12:28	-0.1	7:07	5:10	
31	Mon	6:42	5.4	7:17	4.7	12:30	-0.1	1:16	-0.4	7:06	5:11	