

































Sheepshead Bay, NY - Mar 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:07	5.8	7:40	5.4	12:58	-0.4	1:36	-0.7	6:27	5:47	
2	Thu	7:55	6.0	8:26	5.7	1:48	-0.7	2:21	-0.8	6:26	5:48	
3	Fri	8:43	6.0	9:13	5.9	2:38	-0.8	3:06	-0.9	6:24	5:50	
4	Sat	9:31	5.8	10:01	6.0	3:27	-0.9	3:50	-0.8	6:23	5:51	
5	Sun	10:21	5.5	10:52	5.9	4:16	-0.7	4:35	-0.6	6:21	5:52	
6	Mon	11:14	5.2	11:45	5.7	5:07	-0.5	5:24	-0.3	6:20	5:53	
7	Tue			12:10	4.9	6:02	-0.2	6:18	0.0	6:18	5:54	
8	Wed	12:42	5.4	1:10	4.6	7:04	0.1	7:21	0.3	6:16	5:55	
9	Thu	1:41	5.2	2:12	4.4	8:12	0.3	8:30	0.5	6:15	5:56	
10	Fri	2:43	5.0	3:16	4.4	9:20	0.4	9:37	0.5	6:13	5:57	
11	Sat	3:46	5.0	4:20	4.4	10:21	0.3	10:37	0.4	6:12	5:58	
12	Sun	5:46	5.0	6:18	4.6			12:15	0.1	7:10	6:59	
13	Mon	6:41	5.1	7:10	4.8	12:30	0.3	1:03	0.0	7:08	7:01	
14	Tue	7:30	5.2	7:55	5.0	1:18	0.2	1:46	-0.1	7:07	7:02	
15	Wed	8:13	5.3	8:36	5.2	2:03	0.1	2:27	-0.2	7:05	7:03	
16	Thu	8:53	5.3	9:14	5.3	2:45	0.0	3:05	-0.2	7:03	7:04	
17	Fri	9:32	5.2	9:49	5.3	3:25	0.0	3:41	-0.2	7:02	7:05	
18	Sat	10:08	5.0	10:23	5.2	4:03	0.1	4:16	0.0	7:00	7:06	
19	Sun	10:45	4.8	10:57	5.1	4:39	0.2	4:49	0.2	6:58	7:07	
20	Mon	11:22	4.6	11:30	5.0	5:15	0.3	5:23	0.4	6:57	7:08	
21	Tue			12:01	4.3	5:52	0.5	5:57	0.6	6:55	7:09	
22	Wed	12:07	4.8	12:45	4.1	6:31	0.7	6:36	0.8	6:53	7:10	
23	Thu	12:50	4.7	1:35	4.0	7:20	0.8	7:26	1.0	6:52	7:11	
24	Fri	1:41	4.7	2:33	3.9	8:24	0.9	8:32	1.1	6:50	7:12	
25	Sat	2:41	4.7	3:35	4.0	9:35	0.9	9:44	1.0	6:49	7:13	
26	Sun	3:45	4.8	4:39	4.2	10:40	0.6	10:49	0.7	6:47	7:14	
27	Mon	4:51	5.0	5:40	4.6	11:37	0.3	11:48	0.3	6:45	7:15	
28	Tue	5:54	5.3	6:35	5.1			12:29	-0.1	6:44	7:16	
29	Wed	6:51	5.6	7:27	5.6	12:43	-0.1	1:18	-0.4	6:42	7:17	
30	Thu	7:44	5.9	8:15	6.0	1:37	-0.4	2:06	-0.6	6:40	7:18	
31	Fri	8:34	6.0	9:02	6.4	2:29	-0.7	2:53	-0.8	6:39	7:20	