
































## Sheepshead Bay, NY - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:39	5.3	4:04	4.6	10:10	-0.1	10:23	-0.3	7:19	4:39	
2	Tue	4:39	5.6	5:07	4.7	11:08	-0.4	11:19	-0.5	7:19	4:40	
3	Wed	5:37	5.8	6:06	4.8			12:05	-0.6	7:19	4:41	
4	Thu	6:33	6.0	7:01	5.0	12:14	-0.6	1:00	-0.8	7:19	4:42	
5	Fri	7:26	6.1	7:54	5.1	1:08	-0.7	1:53	-0.9	7:19	4:43	
6	Sat	8:17	6.0	8:45	5.1	2:01	-0.7	2:44	-0.9	7:19	4:44	
7	Sun	9:07	5.9	9:36	5.0	2:53	-0.6	3:33	-0.8	7:19	4:45	
8	Mon	9:57	5.6	10:27	4.9	3:42	-0.4	4:20	-0.7	7:18	4:46	
9	Tue	10:46	5.3	11:18	4.7	4:31	-0.2	5:05	-0.4	7:18	4:47	
10	Wed	11:36	4.9			5:20	0.1	5:51	-0.2	7:18	4:48	
11	Thu	12:08	4.6	12:26	4.6	6:12	0.4	6:38	0.0	7:18	4:49	
12	Fri	12:57	4.5	1:16	4.3	7:08	0.6	7:28	0.2	7:17	4:50	
13	Sat	1:46	4.5	2:07	4.1	8:07	0.7	8:20	0.4	7:17	4:51	
14	Sun	2:35	4.5	3:00	3.9	9:05	0.7	9:12	0.4	7:17	4:52	
15	Mon	3:25	4.5	3:55	3.9	9:59	0.6	10:02	0.4	7:16	4:53	
16	Tue	4:16	4.6	4:49	3.9	10:49	0.4	10:50	0.3	7:16	4:55	
17	Wed	5:06	4.7	5:40	4.0	11:37	0.3	11:37	0.2	7:15	4:56	
18	Thu	5:53	4.8	6:28	4.2			12:23	0.1	7:15	4:57	
19	Fri	6:37	5.0	7:12	4.3	12:23	0.2	1:07	0.0	7:14	4:58	
20	Sat	7:18	5.1	7:53	4.4	1:07	0.1	1:51	-0.2	7:14	4:59	
21	Sun	7:58	5.2	8:33	4.5	1:50	0.0	2:33	-0.3	7:13	5:00	
22	Mon	8:36	5.3	9:13	4.5	2:32	0.0	3:12	-0.3	7:12	5:01	
23	Tue	9:16	5.3	9:55	4.6	3:14	0.0	3:51	-0.4	7:12	5:03	
24	Wed	9:59	5.2	10:38	4.7	3:56	0.0	4:30	-0.3	7:11	5:04	
25	Thu	10:46	5.0	11:26	4.8	4:40	0.0	5:10	-0.2	7:10	5:05	
26	Fri	11:37	4.8			5:30	0.1	5:56	-0.1	7:09	5:06	
27	Sat	12:18	4.9	12:34	4.6	6:28	0.2	6:50	0.0	7:09	5:08	
28	Sun	1:13	5.0	1:34	4.4	7:35	0.2	7:53	0.1	7:08	5:09	
29	Mon	2:12	5.1	2:38	4.3	8:45	0.2	8:59	0.1	7:07	5:10	
30	Tue	3:15	5.2	3:45	4.3	9:52	0.0	10:03	0.0	7:06	5:11	
31	Wed	4:19	5.3	4:51	4.5	10:53	-0.2	11:04	-0.2	7:05	5:12	