
































## Sheepshead Bay, NY - Mar 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:10	5.5	5:41	5.1	11:38	-0.4	11:54	-0.4	6:27	5:47	
2	Fri	6:07	5.8	6:36	5.6			12:29	-0.8	6:26	5:49	
3	Sat	7:01	6.0	7:26	6.0	12:50	-0.7	1:19	-1.0	6:24	5:50	
4	Sun	7:51	6.1	8:15	6.2	1:43	-0.9	2:07	-1.1	6:23	5:51	
5	Mon	8:40	6.0	9:03	6.3	2:34	-1.0	2:53	-1.1	6:21	5:52	
6	Tue	9:29	5.8	9:51	6.1	3:24	-0.9	3:39	-1.0	6:19	5:53	
7	Wed	10:19	5.4	10:41	5.9	4:13	-0.7	4:26	-0.6	6:18	5:54	
8	Thu	11:12	5.1	11:33	5.5	5:02	-0.4	5:13	-0.2	6:16	5:55	
9	Fri			12:06	4.7	5:54	0.0	6:05	0.2	6:15	5:56	
10	Sat	12:26	5.1	1:03	4.4	6:53	0.4	7:03	0.5	6:13	5:57	
11	Sun	1:22	4.8	3:01	4.2	8:58	0.6	9:08	0.8	7:11	6:58	
12	Mon	3:20	4.6	4:01	4.2	10:03	0.7	10:12	0.8	7:10	7:00	
13	Tue	4:19	4.6	5:01	4.3	11:02	0.6	11:09	0.7	7:08	7:01	
14	Wed	5:17	4.6	5:56	4.5	11:51	0.5			7:06	7:02	
15	Thu	6:10	4.7	6:45	4.7	12:01	0.6	12:35	0.3	7:05	7:03	
16	Fri	6:57	4.8	7:28	5.0	12:47	0.4	1:16	0.1	7:03	7:04	
17	Sat	7:40	4.9	8:08	5.2	1:31	0.2	1:55	0.0	7:02	7:05	
18	Sun	8:19	5.0	8:44	5.3	2:13	0.1	2:32	0.0	7:00	7:06	
19	Mon	8:56	5.0	9:18	5.3	2:53	0.0	3:08	0.0	6:58	7:07	
20	Tue	9:31	4.9	9:51	5.3	3:32	0.0	3:43	0.1	6:57	7:08	
21	Wed	10:06	4.8	10:23	5.3	4:09	0.0	4:16	0.2	6:55	7:09	
22	Thu	10:41	4.7	10:58	5.2	4:46	0.1	4:49	0.4	6:53	7:10	
23	Fri	11:21	4.5	11:38	5.2	5:24	0.2	5:23	0.5	6:52	7:11	
24	Sat			12:07	4.4	6:06	0.3	6:02	0.6	6:50	7:12	
25	Sun	12:27	5.1	1:02	4.3	6:57	0.5	6:53	0.8	6:48	7:13	
26	Mon	1:25	5.1	2:04	4.2	8:00	0.6	8:04	0.8	6:47	7:14	
27	Tue	2:29	5.1	3:09	4.4	9:11	0.5	9:24	0.7	6:45	7:15	
28	Wed	3:36	5.1	4:15	4.7	10:17	0.3	10:36	0.5	6:43	7:16	
29	Thu	4:42	5.3	5:19	5.1	11:17	0.0	11:39	0.1	6:42	7:18	
30	Fri	5:46	5.5	6:18	5.6			12:10	-0.4	6:40	7:19	
31	Sat	6:45	5.7	7:12	6.0	12:37	-0.3	1:01	-0.6	6:39	7:20	