
































## Sheepshead Bay, NY - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:23	5.2	1:50	4.5	7:48	0.3	8:07	0.4	6:27	5:47	
2	Thu	2:22	5.0	2:52	4.3	8:54	0.4	9:12	0.5	6:26	5:48	
3	Fri	3:22	4.8	3:53	4.3	9:56	0.4	10:12	0.5	6:24	5:49	
4	Sat	4:21	4.8	4:52	4.4	10:50	0.3	11:05	0.4	6:23	5:51	
5	Sun	5:17	4.9	5:46	4.6	11:39	0.1	11:53	0.3	6:21	5:52	
6	Mon	6:06	5.1	6:32	4.8			12:24	0.0	6:20	5:53	
7	Tue	6:51	5.1	7:14	5.0	12:39	0.2	1:05	-0.1	6:18	5:54	
8	Wed	7:31	5.2	7:53	5.1	1:21	0.1	1:44	-0.2	6:17	5:55	
9	Thu	8:10	5.2	8:29	5.1	2:02	0.1	2:21	-0.2	6:15	5:56	
10	Fri	8:46	5.0	9:03	5.1	2:40	0.1	2:57	-0.1	6:13	5:57	
11	Sat	9:21	4.9	9:36	5.1	3:17	0.1	3:31	0.0	6:12	5:58	
12	Sun	10:56	4.7	11:08	5.0	4:53	0.2	5:04	0.2	7:10	6:59	
13	Mon	11:33	4.5	11:43	4.9	5:28	0.3	5:37	0.4	7:08	7:00	
14	Tue			12:15	4.3	6:05	0.5	6:13	0.6	7:07	7:01	
15	Wed	12:24	4.8	1:03	4.2	6:49	0.6	6:57	0.7	7:05	7:03	
16	Thu	1:14	4.8	1:59	4.1	7:46	0.7	7:56	0.9	7:04	7:04	
17	Fri	2:11	4.8	3:01	4.1	8:57	0.7	9:09	0.8	7:02	7:05	
18	Sat	3:15	4.9	4:06	4.3	10:08	0.6	10:19	0.6	7:00	7:06	
19	Sun	4:23	5.1	5:11	4.6	11:11	0.3	11:23	0.3	6:59	7:07	
20	Mon	5:29	5.4	6:12	5.0			12:07	-0.1	6:57	7:08	
21	Tue	6:30	5.7	7:07	5.5	12:21	-0.1	1:00	-0.4	6:55	7:09	
22	Wed	7:26	5.9	7:59	6.0	1:17	-0.5	1:50	-0.7	6:54	7:10	
23	Thu	8:18	6.1	8:48	6.3	2:11	-0.8	2:39	-0.9	6:52	7:11	
24	Fri	9:08	6.1	9:36	6.5	3:03	-1.0	3:26	-1.0	6:50	7:12	
25	Sat	9:58	6.0	10:25	6.4	3:54	-1.0	4:13	-0.9	6:49	7:13	
26	Sun	10:48	5.7	11:15	6.2	4:44	-0.9	5:00	-0.7	6:47	7:14	
27	Mon	11:40	5.4			5:33	-0.6	5:48	-0.3	6:45	7:15	
28	Tue	12:07	5.9	12:34	5.1	6:24	-0.3	6:39	0.1	6:44	7:16	
29	Wed	1:00	5.5	1:31	4.8	7:19	0.1	7:36	0.5	6:42	7:17	
30	Thu	1:56	5.2	2:29	4.5	8:20	0.4	8:39	0.8	6:41	7:18	
31	Fri	2:54	4.9	3:28	4.4	9:25	0.6	9:46	0.9	6:39	7:19	