

Shinnecock Bay, NY - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:04	2.5	3:38	2.8	9:58	0.2	10:54	0.2	6:17	7:22	
2	Thu	4:04	2.4	4:38	2.8	11:08	0.2			6:18	7:21	
3	Fri	5:07	2.4	5:40	2.7	12:00	0.2	12:13	0.2	6:19	7:19	
4	Sat	6:12	2.4	6:41	2.8	12:58	0.2	1:11	0.2	6:20	7:17	
5	Sun	7:12	2.5	7:35	2.8	1:50	0.1	2:04	0.2	6:21	7:16	
6	Mon	8:03	2.6	8:23	2.9	2:37	0.1	2:53	0.1	6:22	7:14	
7	Tue	8:48	2.7	9:05	2.9	3:21	0.0	3:39	0.1	6:23	7:12	
8	Wed	9:28	2.8	9:45	2.8	4:03	0.0	4:24	0.1	6:24	7:11	
9	Thu	10:07	2.8	10:24	2.7	4:43	0.0	5:06	0.1	6:25	7:09	
10	Fri	10:45	2.7	11:03	2.6	5:21	0.1	5:46	0.2	6:26	7:07	
11	Sat	11:22	2.7	11:43	2.5	5:56	0.1	6:24	0.2	6:27	7:06	
12	Sun			12:00	2.6	6:29	0.2	7:01	0.3	6:28	7:04	
13	Mon	12:24	2.4	12:39	2.5	7:02	0.3	7:39	0.4	6:29	7:02	
14	Tue	1:09	2.2	1:21	2.5	7:36	0.3	8:22	0.5	6:30	7:01	
15	Wed	1:58	2.1	2:07	2.4	8:14	0.4	9:17	0.5	6:31	6:59	
16	Thu	2:48	2.1	2:56	2.4	9:05	0.5	10:24	0.5	6:32	6:57	
17	Fri	3:39	2.1	3:48	2.4	10:14	0.5	11:29	0.5	6:33	6:56	
18	Sat	4:34	2.1	4:45	2.5	11:25	0.5			6:34	6:54	
19	Sun	5:33	2.2	5:46	2.6	12:26	0.4	12:27	0.4	6:35	6:52	
20	Mon	6:32	2.4	6:47	2.7	1:16	0.2	1:23	0.2	6:36	6:50	
21	Tue	7:25	2.6	7:40	2.9	2:04	0.1	2:15	0.1	6:37	6:49	
22	Wed	8:14	2.9	8:29	3.0	2:50	0.0	3:07	0.0	6:38	6:47	
23	Thu	9:00	3.1	9:17	3.1	3:37	-0.1	3:59	-0.1	6:39	6:45	
24	Fri	9:47	3.2	10:05	3.1	4:24	-0.2	4:51	-0.2	6:40	6:44	
25	Sat	10:35	3.3	10:55	3.0	5:12	-0.2	5:43	-0.2	6:41	6:42	
26	Sun	11:26	3.2	11:50	2.8	5:59	-0.2	6:33	-0.1	6:42	6:40	
27	Mon			12:21	3.2	6:47	-0.1	7:25	-0.1	6:43	6:39	
28	Tue	12:48	2.7	1:20	3.0	7:37	0.0	8:22	0.1	6:44	6:37	
29	Wed	1:50	2.6	2:21	2.9	8:34	0.1	9:26	0.2	6:45	6:35	
30	Thu	2:52	2.5	3:21	2.8	9:41	0.3	10:33	0.2	6:46	6:34	