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# Shinnecock Bay, NY - Nov 1979

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 5:59 | 2.9 | 6:24 | 2.9 | 12:32 | -0.1 | 1:03 | 0.0 | 6:20 | 4:47 | |
| 2 | Fri | 6:54 | 3.1 | 7:17 | 2.9 | 1:22 | -0.2 | 1:57 | -0.1 | 6:21 | 4:46 | |
| 3 | Sat | 7:43 | 3.2 | 8:07 | 2.9 | 2:12 | -0.2 | 2:50 | -0.2 | 6:22 | 4:44 | |
| 4 | Sun | 8:31 | 3.2 | 8:56 | 2.9 | 3:01 | -0.2 | 3:41 | -0.2 | 6:23 | 4:43 | |
| 5 | Mon | 9:17 | 3.2 | 9:45 | 2.8 | 3:49 | -0.2 | 4:31 | -0.2 | 6:25 | 4:42 | |
| 6 | Tue | 10:04 | 3.1 | 10:36 | 2.6 | 4:36 | -0.1 | 5:18 | -0.1 | 6:26 | 4:41 | |
| 7 | Wed | 10:52 | 2.9 | 11:28 | 2.5 | 5:20 | 0.0 | 6:04 | 0.0 | 6:27 | 4:40 | |
| 8 | Thu | 11:43 | 2.7 | | | 6:04 | 0.1 | 6:50 | 0.1 | 6:28 | 4:39 | |
| 9 | Fri | 12:23 | 2.3 | 12:35 | 2.5 | 6:49 | 0.3 | 7:41 | 0.2 | 6:29 | 4:38 | |
| 10 | Sat | 1:17 | 2.2 | 1:28 | 2.4 | 7:40 | 0.4 | 8:37 | 0.3 | 6:30 | 4:37 | |
| 11 | Sun | 2:10 | 2.2 | 2:19 | 2.3 | 8:41 | 0.5 | 9:35 | 0.3 | 6:32 | 4:36 | |
| 12 | Mon | 3:00 | 2.2 | 3:09 | 2.2 | 9:45 | 0.5 | 10:30 | 0.3 | 6:33 | 4:35 | |
| 13 | Tue | 3:52 | 2.2 | 4:01 | 2.2 | 10:46 | 0.5 | 11:20 | 0.3 | 6:34 | 4:34 | |
| 14 | Wed | 4:44 | 2.3 | 4:55 | 2.2 | 11:39 | 0.4 | | | 6:35 | 4:33 | |
| 15 | Thu | 5:35 | 2.4 | 5:47 | 2.3 | 12:04 | 0.2 | 12:27 | 0.3 | 6:36 | 4:32 | |
| 16 | Fri | 6:21 | 2.5 | 6:34 | 2.3 | 12:46 | 0.2 | 1:13 | 0.2 | 6:38 | 4:31 | |
| 17 | Sat | 7:02 | 2.6 | 7:17 | 2.4 | 1:26 | 0.1 | 1:57 | 0.1 | 6:39 | 4:31 | |
| 18 | Sun | 7:40 | 2.7 | 7:56 | 2.4 | 2:07 | 0.1 | 2:41 | 0.0 | 6:40 | 4:30 | |
| 19 | Mon | 8:16 | 2.8 | 8:34 | 2.4 | 2:47 | 0.0 | 3:25 | 0.0 | 6:41 | 4:29 | |
| 20 | Tue | 8:52 | 2.9 | 9:13 | 2.4 | 3:28 | 0.0 | 4:09 | -0.1 | 6:42 | 4:28 | |
| 21 | Wed | 9:30 | 2.9 | 9:55 | 2.4 | 4:09 | 0.0 | 4:52 | -0.1 | 6:43 | 4:28 | |
| 22 | Thu | 10:12 | 2.8 | 10:42 | 2.3 | 4:51 | 0.0 | 5:35 | -0.1 | 6:45 | 4:27 | |
| 23 | Fri | 11:00 | 2.8 | 11:37 | 2.3 | 5:33 | 0.1 | 6:20 | 0.0 | 6:46 | 4:27 | |
| 24 | Sat | 11:56 | 2.7 | | | 6:20 | 0.1 | 7:10 | 0.0 | 6:47 | 4:26 | |
| 25 | Sun | 12:38 | 2.3 | 12:58 | 2.6 | 7:15 | 0.2 | 8:08 | 0.0 | 6:48 | 4:25 | |
| 26 | Mon | 1:39 | 2.3 | 1:59 | 2.6 | 8:25 | 0.2 | 9:12 | 0.0 | 6:49 | 4:25 | |
| 27 | Tue | 2:39 | 2.4 | 2:59 | 2.5 | 9:40 | 0.2 | 10:15 | 0.0 | 6:50 | 4:25 | |
| 28 | Wed | 3:38 | 2.5 | 4:00 | 2.5 | 10:50 | 0.1 | 11:14 | -0.1 | 6:51 | 4:24 | |
| 29 | Thu | 4:39 | 2.6 | 5:03 | 2.5 | 11:53 | 0.0 | | | 6:52 | 4:24 | |
| 30 | Fri | 5:40 | 2.8 | 6:04 | 2.5 | 12:09 | -0.1 | 12:49 | -0.1 | 6:53 | 4:23 | |