

Shinnecock Inlet (Ocean), NY - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:34	3.2	7:56	3.1	12:58	0.0	1:18	-0.1	6:23	5:41	
2	Tue	8:13	3.2	8:34	3.1	1:30	-0.1	1:47	-0.1	6:21	5:42	
3	Wed	8:51	3.1	9:13	3.1	2:04	-0.1	2:19	-0.1	6:20	5:43	
4	Thu	9:31	2.9	9:53	3.1	2:41	0.0	2:54	-0.1	6:18	5:44	
5	Fri	10:11	2.8	10:34	3.0	3:20	0.0	3:32	0.0	6:17	5:45	
6	Sat	10:52	2.6	11:17	2.9	4:02	0.1	4:14	0.1	6:15	5:46	
7	Sun	11:38	2.4			4:47	0.2	4:58	0.2	6:13	5:47	
8	Mon	12:05	2.8	12:31	2.3	5:36	0.3	5:48	0.2	6:12	5:49	
9	Tue	1:02	2.8	1:33	2.3	6:32	0.4	6:45	0.3	6:10	5:50	
10	Wed	2:04	2.8	2:36	2.4	7:33	0.4	7:47	0.3	6:09	5:51	
11	Thu	3:04	2.9	3:34	2.6	8:35	0.3	8:50	0.2	6:07	5:52	
12	Fri	4:00	3.1	4:29	2.9	9:36	0.1	9:52	0.0	6:05	5:53	
13	Sat	4:53	3.3	5:21	3.2	10:33	-0.1	10:53	-0.2	6:04	5:54	
14	Sun	5:44	3.5	6:10	3.5	11:28	-0.4	11:50	-0.5	6:02	5:55	
15	Mon	6:33	3.7	6:58	3.8			12:18	-0.6	6:00	5:56	
16	Tue	7:21	3.8	7:46	3.9	12:43	-0.6	1:05	-0.7	5:59	5:57	
17	Wed	8:10	3.7	8:36	4.0	1:33	-0.7	1:50	-0.7	5:57	5:58	
18	Thu	9:00	3.6	9:27	4.0	2:22	-0.7	2:37	-0.7	5:55	5:59	
19	Fri	9:52	3.4	10:19	3.8	3:13	-0.5	3:25	-0.5	5:54	6:01	
20	Sat	10:45	3.2	11:13	3.6	4:05	-0.3	4:15	-0.2	5:52	6:02	
21	Sun	11:42	3.0			5:00	0.0	5:08	0.0	5:50	6:03	
22	Mon	12:11	3.4	12:43	2.8	6:00	0.2	6:07	0.3	5:49	6:04	
23	Tue	1:14	3.2	1:50	2.7	7:13	0.4	7:16	0.5	5:47	6:05	
24	Wed	2:20	3.1	2:55	2.7	8:42	0.5	8:37	0.6	5:45	6:06	
25	Thu	3:21	3.0	3:53	2.8	9:56	0.5	9:56	0.5	5:44	6:07	
26	Fri	4:16	3.0	4:44	2.9	10:50	0.4	10:57	0.5	5:42	6:08	
27	Sat	5:04	3.1	5:29	3.0	11:28	0.3	11:38	0.4	5:40	6:09	
28	Sun	5:48	3.1	6:10	3.2	11:53	0.3			5:39	6:10	
29	Mon	6:29	3.2	6:49	3.3	12:08	0.3	12:16	0.2	5:37	6:11	
30	Tue	7:07	3.2	7:26	3.4	12:36	0.2	12:43	0.1	5:35	6:12	
31	Wed	7:45	3.1	8:04	3.4	1:07	0.1	1:13	0.0	5:34	6:13	