

Shinnecock Inlet (Ocean), NY - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:08	3.3	11:23	3.6	4:17	-0.1	4:31	0.1	5:22	8:25	
2	Fri	11:57	3.3			5:04	-0.1	5:24	0.2	5:22	8:25	
3	Sat	12:13	3.4	12:50	3.4	5:53	-0.1	6:20	0.2	5:23	8:25	
4	Sun	1:08	3.3	1:47	3.4	6:45	0.0	7:20	0.3	5:23	8:24	
5	Mon	2:08	3.1	2:49	3.5	7:41	0.0	8:26	0.4	5:24	8:24	
6	Tue	3:12	3.0	3:49	3.6	8:40	0.1	9:34	0.4	5:24	8:24	
7	Wed	4:14	3.0	4:48	3.8	9:40	0.1	10:42	0.3	5:25	8:24	
8	Thu	5:14	3.1	5:44	3.9	10:41	0.1	11:50	0.2	5:26	8:23	
9	Fri	6:11	3.2	6:38	4.0	11:42	0.1			5:26	8:23	
10	Sat	7:05	3.3	7:29	4.0	12:51	0.1	12:40	0.1	5:27	8:22	
11	Sun	7:55	3.3	8:17	4.0	1:41	0.0	1:32	0.0	5:28	8:22	
12	Mon	8:44	3.4	9:03	3.9	2:24	0.0	2:18	0.1	5:29	8:21	
13	Tue	9:31	3.4	9:49	3.8	3:02	0.0	3:01	0.1	5:29	8:21	
14	Wed	10:18	3.3	10:34	3.6	3:40	0.0	3:43	0.2	5:30	8:20	
15	Thu	11:04	3.3	11:19	3.4	4:17	0.1	4:26	0.4	5:31	8:20	
16	Fri	11:49	3.2			4:55	0.2	5:10	0.5	5:32	8:19	
17	Sat	12:03	3.2	12:35	3.1	5:34	0.3	5:56	0.7	5:33	8:19	
18	Sun	12:50	3.0	1:25	3.1	6:16	0.4	6:44	0.8	5:33	8:18	
19	Mon	1:41	2.8	2:18	3.0	7:00	0.5	7:37	0.9	5:34	8:17	
20	Tue	2:36	2.6	3:13	3.0	7:49	0.6	8:35	0.9	5:35	8:16	
21	Wed	3:33	2.6	4:06	3.1	8:42	0.6	9:34	0.9	5:36	8:16	
22	Thu	4:28	2.6	4:56	3.2	9:35	0.6	10:30	0.8	5:37	8:15	
23	Fri	5:19	2.7	5:45	3.4	10:29	0.5	11:25	0.6	5:38	8:14	
24	Sat	6:09	2.8	6:31	3.5	11:22	0.4			5:39	8:13	
25	Sun	6:56	3.0	7:16	3.7	12:16	0.4	12:14	0.3	5:39	8:12	
26	Mon	7:41	3.2	7:59	3.8	1:03	0.2	1:04	0.1	5:40	8:11	
27	Tue	8:25	3.3	8:43	3.9	1:46	0.0	1:52	0.0	5:41	8:10	
28	Wed	9:10	3.5	9:28	3.9	2:28	-0.1	2:38	-0.1	5:42	8:09	
29	Thu	9:56	3.6	10:15	3.8	3:11	-0.2	3:26	-0.1	5:43	8:08	
30	Fri	10:45	3.7	11:03	3.7	3:55	-0.3	4:16	-0.1	5:44	8:07	
31	Sat	11:35	3.7	11:54	3.5	4:42	-0.2	5:08	0.0	5:45	8:06	