

Shinnecock Inlet (Ocean), NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:27	3.7	5:31	-0.1	6:03	0.2	5:46	8:05	
2	Mon	12:48	3.3	1:24	3.6	6:22	0.0	7:03	0.3	5:47	8:04	
3	Tue	1:48	3.1	2:27	3.6	7:18	0.1	8:09	0.5	5:48	8:03	
4	Wed	2:53	3.0	3:31	3.6	8:19	0.3	9:22	0.5	5:49	8:02	
5	Thu	3:58	3.0	4:32	3.7	9:24	0.3	10:37	0.5	5:50	8:01	
6	Fri	5:00	3.0	5:29	3.7	10:29	0.4	11:48	0.4	5:51	8:00	
7	Sat	5:57	3.1	6:23	3.8	11:34	0.3			5:52	7:58	
8	Sun	6:49	3.3	7:12	3.8	12:46	0.3	12:33	0.3	5:53	7:57	
9	Mon	7:37	3.4	7:57	3.8	1:29	0.2	1:21	0.2	5:54	7:56	
10	Tue	8:22	3.4	8:40	3.8	2:04	0.1	2:02	0.2	5:55	7:54	
11	Wed	9:05	3.5	9:22	3.7	2:35	0.1	2:39	0.2	5:56	7:53	
12	Thu	9:47	3.5	10:04	3.5	3:06	0.1	3:17	0.3	5:57	7:52	
13	Fri	10:30	3.4	10:46	3.4	3:39	0.2	3:55	0.4	5:58	7:51	
14	Sat	11:12	3.3	11:28	3.2	4:15	0.3	4:36	0.5	5:59	7:49	
15	Sun	11:56	3.2			4:53	0.3	5:19	0.6	6:00	7:48	
16	Mon	12:12	3.0	12:41	3.1	5:34	0.4	6:04	0.7	6:01	7:46	
17	Tue	1:00	2.8	1:32	3.1	6:18	0.6	6:55	0.8	6:02	7:45	
18	Wed	1:54	2.6	2:28	3.0	7:07	0.6	7:50	0.9	6:03	7:44	
19	Thu	2:54	2.6	3:26	3.1	8:01	0.7	8:51	0.9	6:04	7:42	
20	Fri	3:53	2.6	4:21	3.2	8:59	0.7	9:50	0.8	6:05	7:41	
21	Sat	4:47	2.8	5:12	3.4	9:57	0.6	10:48	0.6	6:06	7:39	
22	Sun	5:39	3.0	6:01	3.6	10:54	0.4	11:42	0.4	6:07	7:38	
23	Mon	6:27	3.2	6:48	3.7	11:51	0.3			6:08	7:36	
24	Tue	7:13	3.4	7:34	3.9	12:32	0.2	12:44	0.1	6:09	7:35	
25	Wed	7:59	3.7	8:19	4.0	1:18	-0.1	1:34	-0.1	6:10	7:33	
26	Thu	8:44	3.9	9:05	4.0	2:03	-0.2	2:22	-0.2	6:11	7:31	
27	Fri	9:31	4.0	9:53	3.9	2:46	-0.3	3:10	-0.3	6:12	7:30	
28	Sat	10:21	4.0	10:43	3.8	3:31	-0.3	4:00	-0.2	6:13	7:28	
29	Sun	11:12	4.0	11:35	3.6	4:18	-0.3	4:52	0.0	6:14	7:27	
30	Mon			12:05	3.9	5:08	-0.1	5:47	0.2	6:15	7:25	
31	Tue	12:30	3.3	1:03	3.7	6:00	0.1	6:46	0.4	6:16	7:24	