

Shinnecock Inlet (Ocean), NY - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:02	3.0	3:21	3.0	9:13	0.7	9:33	0.5	6:20	4:46	
2	Tue	3:54	3.1	4:12	3.0	10:14	0.6	10:13	0.5	6:22	4:44	
3	Wed	4:40	3.3	4:58	3.0	11:01	0.5	10:45	0.4	6:23	4:43	
4	Thu	5:22	3.4	5:41	3.0	11:35	0.4	11:17	0.3	6:24	4:42	
5	Fri	6:02	3.5	6:22	3.0			12:02	0.3	6:25	4:41	
6	Sat	6:40	3.5	7:01	3.0			12:31	0.2	6:26	4:40	
7	Sun	7:18	3.5	7:40	3.0	12:24	0.2	1:03	0.2	6:27	4:39	
8	Mon	7:56	3.5	8:20	2.9	12:59	0.1	1:37	0.1	6:29	4:38	
9	Tue	8:36	3.4	9:02	2.8	1:36	0.1	2:14	0.1	6:30	4:37	
10	Wed	9:17	3.3	9:45	2.7	2:15	0.2	2:54	0.1	6:31	4:36	
11	Thu	10:00	3.2	10:31	2.7	2:57	0.2	3:37	0.1	6:32	4:35	
12	Fri	10:45	3.1	11:19	2.6	3:43	0.3	4:23	0.2	6:33	4:34	
13	Sat	11:34	3.0			4:34	0.4	5:13	0.2	6:35	4:33	
14	Sun	12:13	2.7	12:29	2.9	5:29	0.4	6:07	0.2	6:36	4:32	
15	Mon	1:11	2.8	1:30	2.9	6:30	0.4	7:04	0.1	6:37	4:31	
16	Tue	2:11	3.0	2:31	3.0	7:35	0.3	8:03	0.0	6:38	4:30	
17	Wed	3:08	3.2	3:29	3.1	8:39	0.2	9:00	-0.2	6:39	4:30	
18	Thu	4:02	3.5	4:25	3.2	9:42	0.0	9:56	-0.3	6:40	4:29	
19	Fri	4:54	3.8	5:19	3.3	10:43	-0.2	10:51	-0.4	6:42	4:28	
20	Sat	5:46	4.0	6:11	3.4	11:41	-0.4	11:46	-0.5	6:43	4:28	
21	Sun	6:36	4.2	7:03	3.4			12:35	-0.5	6:44	4:27	
22	Mon	7:26	4.2	7:54	3.4	12:37	-0.6	1:25	-0.6	6:45	4:26	
23	Tue	8:17	4.1	8:47	3.3	1:27	-0.5	2:15	-0.5	6:46	4:26	
24	Wed	9:10	3.9	9:42	3.2	2:16	-0.4	3:05	-0.4	6:47	4:25	
25	Thu	10:02	3.7	10:36	3.1	3:08	-0.2	3:56	-0.2	6:48	4:25	
26	Fri	10:56	3.4	11:31	3.0	4:01	0.0	4:47	0.0	6:50	4:24	
27	Sat	11:50	3.2			4:56	0.3	5:40	0.1	6:51	4:24	
28	Sun	12:29	2.9	12:47	2.9	5:56	0.5	6:36	0.3	6:52	4:23	
29	Mon	1:29	2.8	1:47	2.7	7:05	0.6	7:33	0.4	6:53	4:23	
30	Tue	2:26	2.8	2:44	2.6	8:23	0.6	8:25	0.4	6:54	4:23	