

Shinnecock Inlet (Ocean), NY - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:15	2.9	5:43	3.5	10:47	0.5			5:21	8:25	
2	Sun	6:04	2.9	6:28	3.5	12:17	0.6	11:32 AM	0.5	5:22	8:25	
3	Mon	6:51	2.9	7:11	3.6	12:55	0.5	12:15	0.5	5:22	8:25	
4	Tue	7:34	2.9	7:52	3.6	1:23	0.5	12:56	0.4	5:23	8:24	
5	Wed	8:15	3.0	8:32	3.6	1:50	0.4	1:35	0.4	5:24	8:24	
6	Thu	8:57	3.0	9:12	3.6	2:20	0.3	2:13	0.3	5:24	8:24	
7	Fri	9:38	3.0	9:52	3.5	2:53	0.2	2:52	0.3	5:25	8:24	
8	Sat	10:20	3.0	10:33	3.4	3:29	0.2	3:33	0.3	5:25	8:23	
9	Sun	11:03	3.0	11:14	3.3	4:07	0.2	4:16	0.4	5:26	8:23	
10	Mon	11:46	3.0	11:57	3.2	4:48	0.2	5:02	0.4	5:27	8:23	
11	Tue			12:30	3.0	5:31	0.2	5:51	0.5	5:28	8:22	
12	Wed	12:42	3.0	1:19	3.1	6:17	0.2	6:43	0.5	5:28	8:22	
13	Thu	1:33	2.9	2:14	3.1	7:06	0.2	7:40	0.5	5:29	8:21	
14	Fri	2:32	2.9	3:11	3.3	8:00	0.2	8:42	0.5	5:30	8:21	
15	Sat	3:33	2.9	4:09	3.5	8:57	0.1	9:44	0.4	5:31	8:20	
16	Sun	4:32	3.0	5:04	3.7	9:55	0.1	10:47	0.2	5:31	8:19	
17	Mon	5:30	3.1	6:00	4.0	10:55	0.0	11:49	0.0	5:32	8:19	
18	Tue	6:27	3.3	6:53	4.1	11:55	-0.2			5:33	8:18	
19	Wed	7:21	3.5	7:46	4.3	12:49	-0.2	12:54	-0.3	5:34	8:18	
20	Thu	8:14	3.6	8:37	4.3	1:43	-0.3	1:49	-0.3	5:35	8:17	
21	Fri	9:06	3.7	9:28	4.2	2:33	-0.4	2:42	-0.3	5:35	8:16	
22	Sat	9:59	3.8	10:20	4.1	3:22	-0.4	3:34	-0.2	5:36	8:15	
23	Sun	10:52	3.7	11:12	3.9	4:11	-0.3	4:27	-0.1	5:37	8:14	
24	Mon	11:45	3.7			4:59	-0.2	5:21	0.2	5:38	8:14	
25	Tue	12:04	3.6	12:38	3.5	5:47	0.0	6:15	0.4	5:39	8:13	
26	Wed	12:57	3.3	1:33	3.4	6:36	0.2	7:14	0.6	5:40	8:12	
27	Thu	1:53	3.1	2:31	3.3	7:27	0.4	8:21	0.8	5:41	8:11	
28	Fri	2:53	2.9	3:30	3.3	8:21	0.6	9:38	0.8	5:42	8:10	
29	Sat	3:52	2.8	4:24	3.3	9:16	0.7	10:49	0.8	5:43	8:09	
30	Sun	4:47	2.8	5:15	3.3	10:09	0.7	11:48	0.8	5:44	8:08	
31	Mon	5:38	2.8	6:02	3.4	10:59	0.7			5:45	8:07	