

































Shinnecock Inlet (Ocean), NY - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:13	3.1	10:47	2.8	3:22	-0.2	3:57	-0.4	7:14	4:32	
2	Tue	11:01	3.0	11:38	2.9	4:14	-0.2	4:44	-0.4	7:14	4:33	
3	Wed	11:53	2.8			5:08	-0.1	5:33	-0.4	7:14	4:34	
4	Thu	12:33	2.9	12:52	2.6	6:08	0.0	6:26	-0.3	7:14	4:35	
5	Fri	1:34	3.0	1:56	2.5	7:13	0.1	7:24	-0.3	7:14	4:36	
6	Sat	2:36	3.1	3:01	2.4	8:22	0.1	8:25	-0.2	7:14	4:37	
7	Sun	3:36	3.3	4:03	2.5	9:32	0.0	9:26	-0.2	7:14	4:38	
8	Mon	4:34	3.4	5:02	2.6	10:44	-0.1	10:29	-0.3	7:14	4:39	
9	Tue	5:30	3.5	5:58	2.7	11:49	-0.2	11:31	-0.3	7:13	4:40	
10	Wed	6:22	3.6	6:50	2.8			12:41	-0.4	7:13	4:41	
11	Thu	7:12	3.6	7:40	2.9	12:26	-0.3	1:26	-0.4	7:13	4:42	
12	Fri	7:59	3.5	8:28	2.9	1:15	-0.3	2:05	-0.4	7:13	4:43	
13	Sat	8:45	3.4	9:15	2.9	2:00	-0.3	2:43	-0.4	7:12	4:44	
14	Sun	9:30	3.2	10:01	2.9	2:44	-0.2	3:20	-0.3	7:12	4:45	
15	Mon	10:15	3.0	10:45	2.8	3:27	-0.1	3:56	-0.2	7:12	4:46	
16	Tue	10:58	2.8	11:31	2.7	4:11	0.1	4:33	-0.1	7:11	4:47	
17	Wed	11:44	2.5			4:56	0.2	5:12	0.0	7:11	4:48	
18	Thu	12:18	2.6	12:33	2.3	5:43	0.4	5:55	0.1	7:10	4:50	
19	Fri	1:11	2.6	1:29	2.1	6:36	0.5	6:42	0.2	7:10	4:51	
20	Sat	2:07	2.6	2:28	2.0	7:35	0.5	7:34	0.3	7:09	4:52	
21	Sun	3:02	2.6	3:25	2.0	8:37	0.5	8:29	0.3	7:08	4:53	
22	Mon	3:54	2.7	4:19	2.1	9:38	0.4	9:24	0.2	7:08	4:54	
23	Tue	4:44	2.9	5:10	2.2	10:36	0.3	10:19	0.1	7:07	4:55	
24	Wed	5:31	3.0	5:57	2.4	11:27	0.1	11:12	0.0	7:06	4:57	
25	Thu	6:15	3.2	6:41	2.5			12:10	-0.1	7:06	4:58	
26	Fri	6:58	3.3	7:23	2.7	12:02	-0.2	12:50	-0.3	7:05	4:59	
27	Sat	7:40	3.4	8:06	2.9	12:49	-0.3	1:29	-0.5	7:04	5:00	
28	Sun	8:22	3.4	8:50	3.0	1:34	-0.4	2:08	-0.6	7:03	5:02	
29	Mon	9:06	3.3	9:36	3.1	2:20	-0.5	2:49	-0.6	7:02	5:03	
30	Tue	9:52	3.2	10:23	3.2	3:07	-0.4	3:33	-0.6	7:01	5:04	
31	Wed	10:40	3.0	11:13	3.2	3:58	-0.4	4:18	-0.6	7:01	5:05	