
































Shinnecock Inlet (Ocean), NY - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:21	3.1	10:50	3.5	3:42	-0.4	3:54	-0.5	6:23	5:40	
2	Fri	11:14	2.8	11:46	3.4	4:35	-0.2	4:44	-0.3	6:22	5:41	
3	Sat			12:13	2.6	5:32	0.0	5:38	0.0	6:20	5:43	
4	Sun	12:48	3.2	1:21	2.4	6:38	0.3	6:40	0.2	6:19	5:44	
5	Mon	1:57	3.1	2:32	2.4	7:59	0.4	7:53	0.3	6:17	5:45	
6	Tue	3:05	3.1	3:39	2.5	9:29	0.4	9:12	0.3	6:16	5:46	
7	Wed	4:06	3.1	4:38	2.7	10:44	0.3	10:30	0.3	6:14	5:47	
8	Thu	5:02	3.2	5:30	2.9	11:37	0.1	11:32	0.2	6:12	5:48	
9	Fri	5:50	3.3	6:16	3.0			12:15	0.0	6:11	5:49	
10	Sat	6:34	3.3	6:57	3.2	12:17	0.1	12:44	-0.1	6:09	5:50	
11	Sun	7:14	3.3	7:36	3.3	12:52	0.0	1:09	-0.1	6:08	5:51	
12	Mon	7:53	3.2	8:14	3.3	1:24	-0.1	1:35	-0.1	6:06	5:53	
13	Tue	8:32	3.1	8:53	3.3	1:55	0.0	2:04	-0.1	6:04	5:54	
14	Wed	9:11	2.9	9:32	3.2	2:29	0.0	2:36	0.0	6:03	5:55	
15	Thu	9:51	2.8	10:12	3.1	3:05	0.1	3:11	0.0	6:01	5:56	
16	Fri	10:32	2.6	10:54	3.0	3:45	0.2	3:50	0.2	5:59	5:57	
17	Sat	11:15	2.4	11:40	2.8	4:27	0.3	4:32	0.3	5:58	5:58	
18	Sun			12:06	2.2	5:14	0.5	5:19	0.4	5:56	5:59	
19	Mon	12:35	2.7	1:07	2.2	6:07	0.6	6:13	0.5	5:54	6:00	
20	Tue	1:37	2.7	2:13	2.2	7:08	0.6	7:15	0.6	5:53	6:01	
21	Wed	2:40	2.8	3:13	2.4	8:12	0.6	8:21	0.5	5:51	6:02	
22	Thu	3:36	2.9	4:07	2.6	9:12	0.4	9:24	0.3	5:49	6:03	
23	Fri	4:28	3.1	4:56	2.9	10:08	0.2	10:24	0.1	5:48	6:04	
24	Sat	5:17	3.3	5:43	3.3	10:59	0.0	11:21	-0.1	5:46	6:05	
25	Sun	6:04	3.4	6:28	3.6	11:46	-0.3			5:44	6:06	
26	Mon	6:50	3.5	7:13	3.8	12:13	-0.3	12:31	-0.5	5:43	6:08	
27	Tue	7:36	3.6	7:59	4.0	1:01	-0.5	1:15	-0.6	5:41	6:09	
28	Wed	8:23	3.5	8:47	4.0	1:48	-0.5	1:59	-0.6	5:39	6:10	
29	Thu	9:13	3.3	9:38	3.9	2:37	-0.5	2:44	-0.5	5:38	6:11	
30	Fri	10:05	3.2	10:31	3.8	3:28	-0.3	3:33	-0.3	5:36	6:12	
31	Sat	11:00	2.9	11:28	3.5	4:21	-0.1	4:25	0.0	5:34	6:13	