
































## Shinnecock Inlet (Ocean), NY - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:55	2.7	3:32	3.1	8:19	0.6	9:22	0.9	5:21	8:25	
2	Mon	3:50	2.6	4:23	3.2	9:07	0.7	10:21	0.9	5:22	8:25	
3	Tue	4:43	2.5	5:11	3.2	9:54	0.7	11:16	0.8	5:23	8:25	
4	Wed	5:33	2.6	5:58	3.3	10:43	0.6			5:23	8:24	
5	Thu	6:21	2.6	6:43	3.4	12:06	0.7	11:32 AM	0.6	5:24	8:24	
6	Fri	7:07	2.7	7:25	3.5	12:48	0.6	12:20	0.5	5:24	8:24	
7	Sat	7:50	2.8	8:06	3.6	1:24	0.5	1:06	0.4	5:25	8:24	
8	Sun	8:32	2.9	8:47	3.6	1:59	0.3	1:49	0.3	5:26	8:23	
9	Mon	9:14	2.9	9:28	3.6	2:35	0.2	2:32	0.3	5:26	8:23	
10	Tue	9:57	3.0	10:10	3.5	3:13	0.1	3:15	0.2	5:27	8:23	
11	Wed	10:40	3.1	10:53	3.5	3:52	0.0	4:01	0.2	5:28	8:22	
12	Thu	11:25	3.2	11:37	3.3	4:34	0.0	4:50	0.2	5:28	8:22	
13	Fri			12:11	3.3	5:18	0.0	5:41	0.3	5:29	8:21	
14	Sat	12:25	3.2	1:02	3.3	6:04	0.0	6:36	0.4	5:30	8:21	
15	Sun	1:18	3.0	1:59	3.4	6:55	0.1	7:37	0.4	5:31	8:20	
16	Mon	2:19	2.9	3:00	3.5	7:50	0.1	8:42	0.5	5:31	8:19	
17	Tue	3:24	2.8	4:02	3.6	8:49	0.2	9:51	0.4	5:32	8:19	
18	Wed	4:28	2.8	5:02	3.8	9:51	0.2	11:00	0.4	5:33	8:18	
19	Thu	5:30	2.9	6:00	3.9	10:53	0.2			5:34	8:17	
20	Fri	6:28	3.1	6:55	4.0	12:09	0.2	11:58 AM	0.1	5:35	8:17	
21	Sat	7:23	3.2	7:47	4.1	1:10	0.1	12:59	0.0	5:36	8:16	
22	Sun	8:15	3.3	8:36	4.0	2:00	0.0	1:53	0.0	5:36	8:15	
23	Mon	9:04	3.4	9:24	3.9	2:43	-0.1	2:41	0.0	5:37	8:14	
24	Tue	9:53	3.5	10:11	3.8	3:24	-0.1	3:28	0.1	5:38	8:14	
25	Wed	10:41	3.4	10:57	3.5	4:03	0.0	4:13	0.3	5:39	8:13	
26	Thu	11:27	3.4	11:42	3.3	4:41	0.1	4:58	0.4	5:40	8:12	
27	Fri			12:13	3.3	5:19	0.3	5:43	0.6	5:41	8:11	
28	Sat	12:28	3.0	1:00	3.2	5:58	0.4	6:30	0.8	5:42	8:10	
29	Sun	1:16	2.8	1:52	3.1	6:39	0.5	7:22	0.9	5:43	8:09	
30	Mon	2:11	2.6	2:48	3.0	7:25	0.7	8:20	1.0	5:44	8:08	
31	Tue	3:10	2.5	3:44	3.1	8:17	0.8	9:23	1.0	5:45	8:07	