




























Shinnecock Inlet (Ocean), NY - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:20	2.8	3:56	3.4	8:53	0.5	10:18	0.7	5:22	8:25	
2	Thu	4:17	2.7	4:49	3.4	9:45	0.6	11:25	0.7	5:22	8:25	
3	Fri	5:11	2.7	5:39	3.4	10:34	0.6			5:23	8:25	
4	Sat	6:02	2.7	6:26	3.5	12:22	0.7	11:22 AM	0.6	5:23	8:24	
5	Sun	6:49	2.7	7:09	3.5	1:04	0.6	12:09	0.6	5:24	8:24	
6	Mon	7:34	2.8	7:51	3.5	1:33	0.5	12:53	0.5	5:25	8:24	
7	Tue	8:15	2.8	8:31	3.5	1:59	0.5	1:34	0.5	5:25	8:24	
8	Wed	8:57	2.9	9:11	3.5	2:26	0.4	2:13	0.4	5:26	8:23	
9	Thu	9:38	2.9	9:51	3.4	2:57	0.3	2:53	0.4	5:27	8:23	
10	Fri	10:19	3.0	10:30	3.3	3:31	0.3	3:33	0.4	5:27	8:22	
11	Sat	11:00	3.0	11:10	3.2	4:08	0.2	4:16	0.4	5:28	8:22	
12	Sun	11:41	3.0	11:51	3.1	4:46	0.2	5:01	0.5	5:29	8:21	
13	Mon			12:24	3.1	5:27	0.2	5:49	0.5	5:29	8:21	
14	Tue	12:34	2.9	1:11	3.1	6:10	0.2	6:41	0.6	5:30	8:20	
15	Wed	1:24	2.8	2:05	3.2	6:58	0.3	7:38	0.6	5:31	8:20	
16	Thu	2:23	2.7	3:04	3.3	7:51	0.3	8:40	0.6	5:32	8:19	
17	Fri	3:26	2.7	4:03	3.5	8:48	0.2	9:45	0.5	5:33	8:19	
18	Sat	4:28	2.7	5:01	3.7	9:48	0.2	10:50	0.3	5:33	8:18	
19	Sun	5:29	2.9	5:58	3.9	10:50	0.1	11:55	0.2	5:34	8:17	
20	Mon	6:27	3.1	6:53	4.1	11:53	0.0			5:35	8:16	
21	Tue	7:22	3.3	7:46	4.2	12:55	0.0	12:54	-0.1	5:36	8:16	
22	Wed	8:15	3.5	8:37	4.2	1:49	-0.2	1:51	-0.2	5:37	8:15	
23	Thu	9:07	3.6	9:28	4.1	2:38	-0.3	2:44	-0.2	5:38	8:14	
24	Fri	9:59	3.7	10:19	4.0	3:24	-0.3	3:36	-0.1	5:39	8:13	
25	Sat	10:50	3.7	11:09	3.7	4:10	-0.3	4:29	0.0	5:40	8:12	
26	Sun	11:41	3.7	11:59	3.5	4:56	-0.1	5:22	0.2	5:41	8:11	
27	Mon			12:33	3.6	5:41	0.1	6:16	0.4	5:41	8:10	
28	Tue	12:51	3.2	1:26	3.4	6:27	0.3	7:13	0.7	5:42	8:09	
29	Wed	1:46	2.9	2:24	3.3	7:15	0.5	8:21	0.8	5:43	8:08	
30	Thu	2:47	2.7	3:24	3.2	8:08	0.6	9:41	0.9	5:44	8:07	
31	Fri	3:48	2.6	4:20	3.2	9:04	0.8	11:00	0.9	5:45	8:06	