
































Shinnecock Inlet (Ocean), NY - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:55	3.6	6:16	3.1	12:00	0.1	11:43	0.0	6:20	4:46	
2	Mon	6:36	3.7	6:58	3.1			12:25	-0.1	6:22	4:44	
3	Tue	7:18	3.9	7:42	3.1	12:26	-0.1	1:08	-0.2	6:23	4:43	
4	Wed	8:02	3.9	8:29	3.1	1:09	-0.2	1:53	-0.2	6:24	4:42	
5	Thu	8:50	3.8	9:20	3.0	1:54	-0.2	2:40	-0.2	6:25	4:41	
6	Fri	9:41	3.7	10:15	2.9	2:42	-0.1	3:31	-0.1	6:26	4:40	
7	Sat	10:36	3.6	11:12	2.9	3:35	0.0	4:26	0.0	6:27	4:39	
8	Sun	11:34	3.4			4:33	0.2	5:24	0.1	6:29	4:38	
9	Mon	12:14	2.9	12:37	3.3	5:36	0.4	6:26	0.2	6:30	4:37	
10	Tue	1:20	3.0	1:42	3.1	6:48	0.4	7:32	0.2	6:31	4:36	
11	Wed	2:24	3.1	2:46	3.1	8:06	0.4	8:35	0.2	6:32	4:35	
12	Thu	3:22	3.3	3:43	3.1	9:20	0.3	9:30	0.1	6:33	4:34	
13	Fri	4:15	3.5	4:37	3.1	10:25	0.2	10:21	0.1	6:35	4:33	
14	Sat	5:05	3.6	5:27	3.1	11:22	0.1	11:07	0.0	6:36	4:32	
15	Sun	5:51	3.7	6:13	3.0			12:08	0.0	6:37	4:31	
16	Mon	6:35	3.8	6:58	3.0			12:47	0.0	6:38	4:30	
17	Tue	7:17	3.7	7:41	2.9	12:28	0.0	1:21	0.0	6:39	4:30	
18	Wed	7:59	3.6	8:25	2.8	1:05	0.1	1:55	0.1	6:40	4:29	
19	Thu	8:42	3.5	9:10	2.7	1:43	0.1	2:31	0.1	6:42	4:28	
20	Fri	9:26	3.3	9:56	2.6	2:22	0.2	3:10	0.2	6:43	4:28	
21	Sat	10:11	3.1	10:44	2.5	3:04	0.3	3:51	0.3	6:44	4:27	
22	Sun	10:57	3.0	11:32	2.5	3:50	0.5	4:35	0.3	6:45	4:26	
23	Mon	11:45	2.8			4:39	0.6	5:20	0.4	6:46	4:26	
24	Tue	12:25	2.5	12:38	2.6	5:32	0.6	6:09	0.4	6:47	4:25	
25	Wed	1:20	2.5	1:34	2.6	6:30	0.7	7:00	0.4	6:48	4:25	
26	Thu	2:14	2.6	2:29	2.5	7:31	0.6	7:52	0.3	6:49	4:24	
27	Fri	3:05	2.8	3:21	2.6	8:30	0.5	8:42	0.2	6:51	4:24	
28	Sat	3:52	3.0	4:11	2.6	9:25	0.4	9:31	0.1	6:52	4:23	
29	Sun	4:38	3.3	4:59	2.7	10:20	0.2	10:20	-0.1	6:53	4:23	
30	Mon	5:24	3.5	5:47	2.8	11:13	0.0	11:10	-0.2	6:54	4:23	