





























Shinnecock Inlet (Ocean), NY - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:03	3.0	7:25	3.9	12:26	0.2	12:25	0.0	5:22	8:25	
2	Tue	7:51	3.2	8:12	4.0	1:17	0.0	1:16	-0.1	5:22	8:25	
3	Wed	8:40	3.3	9:01	4.1	2:06	-0.2	2:06	-0.2	5:23	8:25	
4	Thu	9:31	3.3	9:51	4.1	2:54	-0.3	2:57	-0.2	5:23	8:25	
5	Fri	10:24	3.4	10:44	4.0	3:43	-0.3	3:49	-0.1	5:24	8:24	
6	Sat	11:18	3.4	11:37	3.8	4:34	-0.2	4:44	0.0	5:24	8:24	
7	Sun			12:13	3.4	5:25	-0.2	5:42	0.2	5:25	8:24	
8	Mon	12:31	3.6	1:10	3.4	6:18	-0.1	6:43	0.3	5:26	8:23	
9	Tue	1:29	3.4	2:10	3.4	7:13	0.1	7:49	0.5	5:26	8:23	
10	Wed	2:31	3.2	3:11	3.5	8:11	0.2	9:02	0.5	5:27	8:23	
11	Thu	3:32	3.0	4:09	3.5	9:09	0.3	10:16	0.6	5:28	8:22	
12	Fri	4:31	3.0	5:04	3.6	10:06	0.3	11:26	0.5	5:28	8:22	
13	Sat	5:27	2.9	5:55	3.7	10:59	0.4			5:29	8:21	
14	Sun	6:19	2.9	6:43	3.7	12:26	0.5	11:51 AM	0.4	5:30	8:21	
15	Mon	7:08	3.0	7:28	3.7	1:13	0.4	12:38	0.4	5:31	8:20	
16	Tue	7:53	3.0	8:11	3.7	1:48	0.3	1:20	0.4	5:32	8:20	
17	Wed	8:36	3.0	8:52	3.7	2:18	0.3	1:58	0.3	5:32	8:19	
18	Thu	9:18	3.0	9:34	3.6	2:47	0.3	2:36	0.4	5:33	8:18	
19	Fri	10:01	3.0	10:15	3.5	3:19	0.3	3:15	0.4	5:34	8:18	
20	Sat	10:44	3.0	10:57	3.3	3:54	0.3	3:57	0.4	5:35	8:17	
21	Sun	11:27	3.0	11:39	3.2	4:32	0.3	4:40	0.5	5:36	8:16	
22	Mon			12:10	3.0	5:11	0.3	5:26	0.6	5:37	8:15	
23	Tue	12:22	3.0	12:56	2.9	5:53	0.4	6:14	0.7	5:37	8:14	
24	Wed	1:08	2.9	1:45	3.0	6:37	0.4	7:06	0.7	5:38	8:14	
25	Thu	2:01	2.7	2:39	3.0	7:25	0.4	8:02	0.7	5:39	8:13	
26	Fri	2:58	2.7	3:34	3.2	8:17	0.4	9:02	0.7	5:40	8:12	
27	Sat	3:55	2.7	4:27	3.3	9:12	0.4	10:01	0.6	5:41	8:11	
28	Sun	4:51	2.8	5:20	3.6	10:08	0.3	11:01	0.4	5:42	8:10	
29	Mon	5:46	2.9	6:12	3.8	11:05	0.2			5:43	8:09	
30	Tue	6:39	3.1	7:03	4.0	12:00	0.2	12:02	0.0	5:44	8:08	
31	Wed	7:30	3.3	7:53	4.1	12:56	0.0	12:59	-0.1	5:45	8:07	