



























Shinnecock Inlet (Ocean), NY - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:18	3.0	4:51	3.7	9:44	0.0	10:31	0.2	5:22	8:25	
2	Mon	5:15	3.2	5:46	3.9	10:41	-0.1	11:34	0.0	5:22	8:25	
3	Tue	6:12	3.3	6:40	4.1	11:40	-0.2			5:23	8:25	
4	Wed	7:07	3.4	7:32	4.3	12:35	-0.1	12:38	-0.3	5:23	8:25	
5	Thu	8:00	3.5	8:24	4.3	1:31	-0.3	1:34	-0.3	5:24	8:24	
6	Fri	8:53	3.6	9:16	4.3	2:23	-0.4	2:26	-0.3	5:24	8:24	
7	Sat	9:47	3.6	10:08	4.1	3:13	-0.4	3:18	-0.2	5:25	8:24	
8	Sun	10:40	3.6	11:00	3.9	4:03	-0.3	4:11	0.0	5:26	8:23	
9	Mon	11:34	3.5	11:52	3.7	4:52	-0.2	5:05	0.2	5:26	8:23	
10	Tue			12:27	3.4	5:41	0.0	5:59	0.4	5:27	8:23	
11	Wed	12:44	3.4	1:21	3.3	6:30	0.2	6:56	0.6	5:28	8:22	
12	Thu	1:39	3.1	2:18	3.2	7:19	0.4	7:59	0.7	5:29	8:22	
13	Fri	2:37	2.9	3:15	3.2	8:11	0.5	9:09	0.8	5:29	8:21	
14	Sat	3:35	2.8	4:09	3.2	9:02	0.6	10:17	0.8	5:30	8:21	
15	Sun	4:29	2.7	4:59	3.3	9:52	0.6	11:16	0.8	5:31	8:20	
16	Mon	5:20	2.8	5:46	3.4	10:39	0.6			5:32	8:19	
17	Tue	6:08	2.8	6:31	3.4	12:04	0.7	11:25 AM	0.6	5:32	8:19	
18	Wed	6:53	2.9	7:13	3.5	12:40	0.6	12:11	0.5	5:33	8:18	
19	Thu	7:36	2.9	7:54	3.6	1:11	0.5	12:55	0.4	5:34	8:17	
20	Fri	8:17	3.0	8:34	3.6	1:43	0.4	1:36	0.3	5:35	8:17	
21	Sat	8:58	3.1	9:13	3.6	2:17	0.2	2:16	0.3	5:36	8:16	
22	Sun	9:40	3.1	9:54	3.5	2:53	0.2	2:57	0.2	5:37	8:15	
23	Mon	10:22	3.1	10:35	3.5	3:31	0.1	3:39	0.2	5:38	8:14	
24	Tue	11:04	3.2	11:17	3.4	4:11	0.1	4:24	0.3	5:39	8:13	
25	Wed	11:48	3.2			4:53	0.1	5:12	0.3	5:39	8:13	
26	Thu	12:02	3.2	12:36	3.2	5:39	0.1	6:03	0.3	5:40	8:12	
27	Fri	12:51	3.1	1:29	3.3	6:27	0.1	6:59	0.4	5:41	8:11	
28	Sat	1:48	3.0	2:28	3.4	7:20	0.1	8:01	0.4	5:42	8:10	
29	Sun	2:51	3.0	3:29	3.5	8:18	0.1	9:06	0.4	5:43	8:09	
30	Mon	3:55	3.0	4:29	3.7	9:19	0.1	10:11	0.3	5:44	8:08	
31	Tue	4:55	3.1	5:26	3.9	10:20	0.1	11:17	0.2	5:45	8:07	