

































Shinnecock Inlet (Ocean), NY - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:10	3.2	6:33	2.6	11:59	-0.1	11:52	-0.2	7:14	4:32	
2	Sun	6:52	3.4	7:17	2.6			12:41	-0.3	7:14	4:33	
3	Mon	7:34	3.4	8:01	2.7	12:37	-0.3	1:22	-0.4	7:14	4:34	
4	Tue	8:17	3.4	8:46	2.8	1:21	-0.4	2:05	-0.5	7:14	4:35	
5	Wed	9:03	3.4	9:34	2.8	2:07	-0.4	2:49	-0.5	7:14	4:36	
6	Thu	9:51	3.3	10:24	2.8	2:56	-0.4	3:36	-0.5	7:14	4:37	
7	Fri	10:40	3.2	11:16	2.9	3:47	-0.3	4:24	-0.5	7:14	4:38	
8	Sat	11:33	3.0			4:42	-0.2	5:15	-0.4	7:13	4:39	
9	Sun	12:11	2.9	12:30	2.9	5:40	-0.1	6:09	-0.4	7:13	4:40	
10	Mon	1:12	3.0	1:33	2.7	6:44	0.0	7:07	-0.3	7:13	4:41	
11	Tue	2:14	3.1	2:37	2.6	7:53	0.0	8:07	-0.3	7:13	4:42	
12	Wed	3:14	3.2	3:38	2.6	9:04	0.0	9:07	-0.2	7:13	4:43	
13	Thu	4:11	3.3	4:36	2.7	10:14	-0.1	10:06	-0.3	7:12	4:44	
14	Fri	5:05	3.5	5:32	2.7	11:21	-0.2	11:04	-0.3	7:12	4:45	
15	Sat	5:57	3.5	6:23	2.8			12:16	-0.3	7:11	4:46	
16	Sun	6:45	3.6	7:12	2.8			1:00	-0.3	7:11	4:47	
17	Mon	7:32	3.5	7:58	2.8	12:45	-0.3	1:39	-0.4	7:11	4:48	
18	Tue	8:17	3.4	8:44	2.8	1:28	-0.3	2:15	-0.3	7:10	4:49	
19	Wed	9:01	3.3	9:30	2.8	2:09	-0.2	2:50	-0.3	7:09	4:51	
20	Thu	9:45	3.1	10:15	2.7	2:50	-0.1	3:27	-0.2	7:09	4:52	
21	Fri	10:29	2.9	10:59	2.6	3:33	0.0	4:05	-0.1	7:08	4:53	
22	Sat	11:13	2.7	11:45	2.6	4:17	0.1	4:44	0.0	7:08	4:54	
23	Sun	11:59	2.5			5:03	0.3	5:26	0.1	7:07	4:55	
24	Mon	12:35	2.5	12:51	2.3	5:52	0.4	6:11	0.1	7:06	4:57	
25	Tue	1:29	2.5	1:47	2.2	6:47	0.4	7:01	0.2	7:06	4:58	
26	Wed	2:24	2.6	2:44	2.1	7:46	0.4	7:54	0.2	7:05	4:59	
27	Thu	3:17	2.7	3:39	2.2	8:45	0.4	8:48	0.2	7:04	5:00	
28	Fri	4:07	2.8	4:31	2.3	9:43	0.3	9:41	0.1	7:03	5:01	
29	Sat	4:56	3.0	5:21	2.4	10:39	0.1	10:35	-0.1	7:02	5:03	
30	Sun	5:43	3.2	6:08	2.6	11:31	-0.1	11:28	-0.2	7:01	5:04	
31	Mon	6:28	3.4	6:54	2.8			12:18	-0.3	7:00	5:05	