

































## Smith Point Bridge, Narrow Bay, NY - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:31	1.3	7:48	0.8	1:31	-0.3	2:49	-0.1	7:15	4:34	
2	Fri	8:26	1.3	8:45	0.8	2:27	-0.3	3:44	-0.2	7:15	4:35	
3	Sat	9:20	1.3	9:40	0.9	3:22	-0.4	4:36	-0.2	7:15	4:36	
4	Sun	10:12	1.3	10:34	0.9	4:15	-0.4	5:26	-0.2	7:15	4:37	
5	Mon	11:03	1.3	11:28	0.9	5:08	-0.3	6:14	-0.2	7:15	4:38	
6	Tue	11:52	1.2			5:59	-0.3	7:00	-0.2	7:15	4:39	
7	Wed	12:21	0.9	12:40	1.1	6:50	-0.2	7:44	-0.2	7:15	4:40	
8	Thu	1:13	0.9	1:26	1.0	7:42	-0.1	8:26	-0.2	7:15	4:41	
9	Fri	2:06	0.9	2:13	0.9	8:35	0.0	9:08	-0.1	7:15	4:42	
10	Sat	3:00	0.9	3:02	0.8	9:33	0.0	9:50	-0.1	7:14	4:43	
11	Sun	3:58	0.9	3:56	0.7	10:36	0.1	10:35	-0.1	7:14	4:44	
12	Mon	4:59	0.9	4:54	0.6	11:44	0.1	11:22	-0.1	7:14	4:45	
13	Tue	5:59	1.0	5:55	0.6			12:51	0.1	7:13	4:46	
14	Wed	6:54	1.0	6:52	0.6	12:12	-0.1	1:48	0.1	7:13	4:47	
15	Thu	7:40	1.0	7:40	0.6	1:02	-0.1	2:34	0.0	7:13	4:48	
16	Fri	8:19	1.1	8:21	0.7	1:51	-0.2	3:15	0.0	7:12	4:49	
17	Sat	8:54	1.1	9:00	0.7	2:37	-0.2	3:54	0.0	7:12	4:50	
18	Sun	9:29	1.1	9:38	0.7	3:22	-0.2	4:33	-0.1	7:11	4:52	
19	Mon	10:05	1.1	10:18	0.8	4:05	-0.2	5:11	-0.1	7:11	4:53	
20	Tue	10:42	1.1	10:59	0.8	4:49	-0.2	5:49	-0.1	7:10	4:54	
21	Wed	11:20	1.1	11:42	0.8	5:32	-0.2	6:27	-0.1	7:10	4:55	
22	Thu			12:01	1.1	6:16	-0.2	7:05	-0.2	7:09	4:56	
23	Fri	12:27	0.9	12:43	1.0	7:03	-0.1	7:44	-0.2	7:08	4:58	
24	Sat	1:15	0.9	1:29	1.0	7:55	-0.1	8:25	-0.2	7:07	4:59	
25	Sun	2:07	1.0	2:20	0.9	8:55	0.0	9:13	-0.2	7:07	5:00	
26	Mon	3:04	1.0	3:17	0.8	10:03	0.0	10:07	-0.2	7:06	5:01	
27	Tue	4:05	1.1	4:21	0.8	11:17	0.0	11:09	-0.2	7:05	5:02	
28	Wed	5:09	1.1	5:28	0.7			12:29	0.0	7:04	5:04	
29	Thu	6:14	1.1	6:35	0.8	12:14	-0.3	1:35	0.0	7:03	5:05	
30	Fri	7:17	1.2	7:37	0.8	1:16	-0.3	2:33	-0.1	7:02	5:06	
31	Sat	8:16	1.2	8:34	0.9	2:15	-0.3	3:26	-0.2	7:02	5:07	