

Three Mile Harbor, NY - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:03	2.3	4:17	1.8	10:12	0.4	10:08	0.3	7:13	4:30	
2	Fri	4:55	2.4	5:17	1.7	11:09	0.2	10:59	0.3	7:13	4:31	
3	Sat	5:46	2.6	6:10	1.8			12:04	0.1	7:13	4:32	
4	Sun	6:34	2.7	6:59	1.8			12:58	-0.1	7:13	4:33	
5	Mon	7:22	2.9	7:47	1.9	12:45	0.1	1:51	-0.3	7:13	4:34	
6	Tue	8:11	3.1	8:36	2.1	1:41	-0.1	2:42	-0.4	7:13	4:35	
7	Wed	9:02	3.2	9:26	2.2	2:35	-0.3	3:32	-0.6	7:13	4:36	
8	Thu	9:54	3.2	10:18	2.3	3:29	-0.4	4:20	-0.6	7:13	4:37	
9	Fri	10:45	3.1	11:13	2.4	4:22	-0.5	5:08	-0.6	7:13	4:38	
10	Sat	11:37	3.0			5:17	-0.4	5:59	-0.6	7:13	4:39	
11	Sun	12:10	2.5	12:31	2.7	6:17	-0.3	6:52	-0.5	7:13	4:40	
12	Mon	1:10	2.5	1:26	2.5	7:20	-0.2	7:45	-0.3	7:12	4:41	
13	Tue	2:09	2.5	2:22	2.2	8:25	-0.1	8:39	-0.2	7:12	4:42	
14	Wed	3:08	2.5	3:22	1.9	9:29	0.0	9:35	0.0	7:12	4:43	
15	Thu	4:11	2.5	4:28	1.8	10:34	0.0	10:33	0.1	7:11	4:44	
16	Fri	5:15	2.5	5:33	1.7	11:35	0.0	11:32	0.2	7:11	4:45	
17	Sat	6:13	2.5	6:30	1.7			12:32	0.0	7:10	4:47	
18	Sun	7:03	2.5	7:18	1.8	12:28	0.2	1:25	0.0	7:10	4:48	
19	Mon	7:49	2.5	8:02	1.8	1:21	0.2	2:11	0.0	7:09	4:49	
20	Tue	8:32	2.5	8:45	1.9	2:09	0.2	2:53	-0.1	7:09	4:50	
21	Wed	9:14	2.5	9:27	2.0	2:51	0.1	3:30	-0.1	7:08	4:51	
22	Thu	9:53	2.5	10:09	2.1	3:28	0.1	4:05	-0.1	7:07	4:52	
23	Fri	10:31	2.5	10:50	2.1	4:04	0.1	4:40	-0.1	7:07	4:54	
24	Sat	11:09	2.4	11:33	2.1	4:41	0.1	5:15	-0.1	7:06	4:55	
25	Sun	11:47	2.3			5:20	0.1	5:51	-0.1	7:05	4:56	
26	Mon	12:16	2.2	12:26	2.2	6:04	0.2	6:29	0.0	7:04	4:57	
27	Tue	12:59	2.2	1:05	2.0	6:53	0.2	7:09	0.1	7:04	4:59	
28	Wed	1:40	2.2	1:46	1.9	7:45	0.3	7:51	0.2	7:03	5:00	
29	Thu	2:20	2.2	2:30	1.8	8:39	0.2	8:37	0.3	7:02	5:01	
30	Fri	3:06	2.3	3:25	1.6	9:37	0.2	9:28	0.3	7:01	5:02	
31	Sat	4:04	2.3	4:34	1.6	10:37	0.1	10:27	0.3	7:00	5:04	