

































Three Mile Harbor, NY - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:37	3.1	7:59	2.1	1:04	-0.1	2:09	-0.5	7:13	4:31	
2	Fri	8:30	3.2	8:52	2.2	2:02	-0.2	3:02	-0.6	7:13	4:32	
3	Sat	9:23	3.2	9:44	2.3	2:57	-0.3	3:51	-0.6	7:13	4:32	
4	Sun	10:15	3.1	10:37	2.3	3:50	-0.3	4:40	-0.6	7:13	4:33	
5	Mon	11:06	2.9	11:31	2.3	4:43	-0.3	5:29	-0.5	7:13	4:34	
6	Tue	11:58	2.7			5:38	-0.2	6:19	-0.4	7:13	4:35	
7	Wed	12:27	2.3	12:50	2.5	6:36	0.0	7:10	-0.2	7:13	4:36	
8	Thu	1:23	2.4	1:43	2.2	7:36	0.1	8:00	-0.1	7:13	4:37	
9	Fri	2:18	2.4	2:36	2.0	8:37	0.2	8:51	0.1	7:13	4:38	
10	Sat	3:13	2.3	3:33	1.8	9:39	0.3	9:41	0.3	7:13	4:39	
11	Sun	4:11	2.3	4:36	1.6	10:40	0.3	10:34	0.4	7:12	4:40	
12	Mon	5:09	2.3	5:37	1.6	11:36	0.3	11:26	0.4	7:12	4:41	
13	Tue	6:03	2.4	6:29	1.6			12:28	0.2	7:12	4:42	
14	Wed	6:52	2.4	7:16	1.7	12:16	0.4	1:15	0.2	7:11	4:44	
15	Thu	7:37	2.5	8:00	1.8	1:04	0.4	1:58	0.1	7:11	4:45	
16	Fri	8:21	2.5	8:42	1.9	1:49	0.3	2:37	0.0	7:10	4:46	
17	Sat	9:03	2.6	9:24	2.0	2:31	0.2	3:15	-0.1	7:10	4:47	
18	Sun	9:42	2.6	10:04	2.0	3:10	0.1	3:51	-0.2	7:09	4:48	
19	Mon	10:19	2.6	10:44	2.1	3:49	0.0	4:27	-0.2	7:09	4:49	
20	Tue	10:56	2.6	11:24	2.1	4:29	0.0	5:05	-0.3	7:08	4:50	
21	Wed	11:32	2.5			5:12	0.0	5:45	-0.3	7:08	4:52	
22	Thu	12:05	2.2	12:11	2.4	6:01	0.0	6:27	-0.2	7:07	4:53	
23	Fri	12:49	2.3	12:53	2.3	6:56	0.0	7:12	-0.1	7:06	4:54	
24	Sat	1:34	2.4	1:40	2.1	7:53	0.0	8:00	-0.1	7:05	4:55	
25	Sun	2:23	2.4	2:33	1.9	8:53	0.0	8:51	0.0	7:05	4:57	
26	Mon	3:19	2.5	3:36	1.8	9:55	0.0	9:49	0.1	7:04	4:58	
27	Tue	4:25	2.6	4:48	1.8	10:58	-0.1	10:51	0.0	7:03	4:59	
28	Wed	5:32	2.6	5:55	1.8	11:59	-0.2	11:54	0.0	7:02	5:00	
29	Thu	6:33	2.7	6:53	1.9			12:58	-0.3	7:01	5:01	
30	Fri	7:29	2.8	7:47	2.0	12:55	-0.1	1:54	-0.4	7:00	5:03	
31	Sat	8:22	2.9	8:39	2.2	1:54	-0.3	2:45	-0.5	6:59	5:04	