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# Cape Lookout Bight, NC - Jul 1701

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | **2:45** | 3.1 | **3:21** | 4.0 | **8:53** | 0.6 | **9:45** | 0.8 | 4:59 | 7:26 | |
| 2 | Sat | **3:36** | 3.1 | **4:09** | 4.2 | **9:34** | 0.5 | **10:28** | 0.7 | 5:00 | 7:26 | |
| 3 | Sun | **4:26** | 3.2 | **4:57** | 4.4 | **10:16** | 0.4 | **11:16** | 0.5 | 5:00 | 7:26 | |
| 4 | Mon | **5:16** | 3.3 | **5:46** | 4.6 | **11:03** | 0.3 | | | 5:01 | 7:26 | |
| 5 | Tue | **6:06** | 3.5 | **6:32** | 4.8 | **12:08** | 0.4 | **11:56 AM** | 0.2 | 5:01 | 7:26 | |
| 6 | Wed | **6:53** | 3.7 | **7:17** | 4.9 | **12:58** | 0.2 | **12:50** | 0.1 | 5:02 | 7:26 | |
| 7 | Thu | **7:39** | 3.9 | **8:03** | 4.9 | **1:45** | 0.1 | **1:43** | 0.0 | 5:02 | 7:25 | |
| 8 | Fri | **8:29** | 4.0 | **8:54** | 4.8 | **2:31** | -0.1 | **2:35** | 0.0 | 5:03 | 7:25 | |
| 9 | Sat | **9:27** | 4.1 | **9:52** | 4.6 | **3:20** | -0.1 | **3:31** | 0.0 | 5:03 | 7:25 | |
| 10 | Sun | **10:29** | 4.2 | **10:50** | 4.4 | **4:10** | -0.1 | **4:30** | 0.2 | 5:04 | 7:25 | |
| 11 | Mon | **11:27** | 4.4 | **11:45** | 4.2 | **5:01** | -0.1 | **5:31** | 0.3 | 5:05 | 7:24 | |
| 12 | Tue | | | **12:23** | 4.5 | **5:54** | 0.0 | **6:38** | 0.4 | 5:05 | 7:24 | |
| 13 | Wed | **12:40** | 3.9 | **1:21** | 4.5 | **6:53** | 0.1 | **7:55** | 0.5 | 5:06 | 7:24 | |
| 14 | Thu | **1:40** | 3.7 | **2:24** | 4.5 | **7:59** | 0.1 | **9:02** | 0.5 | 5:06 | 7:23 | |
| 15 | Fri | **2:43** | 3.6 | **3:24** | 4.6 | **8:57** | 0.2 | **9:57** | 0.4 | 5:07 | 7:23 | |
| 16 | Sat | **3:44** | 3.5 | **4:20** | 4.6 | **9:48** | 0.2 | **10:50** | 0.4 | 5:08 | 7:22 | |
| 17 | Sun | **4:41** | 3.5 | **5:14** | 4.6 | **10:36** | 0.3 | **11:45** | 0.4 | 5:08 | 7:22 | |
| 18 | Mon | **5:36** | 3.5 | **6:04** | 4.6 | **11:27** | 0.4 | | | 5:09 | 7:21 | |
| 19 | Tue | **6:24** | 3.5 | **6:46** | 4.6 | **12:39** | 0.5 | **12:20** | 0.4 | 5:10 | 7:21 | |
| 20 | Wed | **7:06** | 3.6 | **7:24** | 4.5 | **1:23** | 0.5 | **1:08** | 0.5 | 5:10 | 7:20 | |
| 21 | Thu | **7:44** | 3.6 | **8:01** | 4.3 | **2:01** | 0.5 | **1:49** | 0.6 | 5:11 | 7:20 | |
| 22 | Fri | **8:23** | 3.5 | **8:40** | 4.1 | **2:35** | 0.6 | **2:29** | 0.7 | 5:12 | 7:19 | |
| 23 | Sat | **9:06** | 3.5 | **9:23** | 3.9 | **3:09** | 0.6 | **3:10** | 0.8 | 5:12 | 7:18 | |
| 24 | Sun | **9:55** | 3.5 | **10:10** | 3.7 | **3:44** | 0.7 | **3:53** | 0.9 | 5:13 | 7:18 | |
| 25 | Mon | **10:43** | 3.6 | **10:56** | 3.6 | **4:20** | 0.8 | **4:37** | 1.0 | 5:14 | 7:17 | |
| 26 | Tue | **11:27** | 3.7 | **11:37** | 3.5 | **4:57** | 0.8 | **5:23** | 1.1 | 5:15 | 7:16 | |
| 27 | Wed | | | **12:09** | 3.8 | **5:36** | 0.9 | **6:14** | 1.2 | 5:15 | 7:16 | |
| 28 | Thu | **12:19** | 3.3 | **12:54** | 3.9 | **6:20** | 0.9 | **7:15** | 1.2 | 5:16 | 7:15 | |
| 29 | Fri | **1:05** | 3.3 | **1:45** | 4.0 | **7:13** | 0.9 | **8:19** | 1.1 | 5:17 | 7:14 | |
| 30 | Sat | **1:59** | 3.2 | **2:40** | 4.2 | **8:10** | 0.8 | **9:11** | 1.0 | 5:17 | 7:13 | |
| 31 | Sun | **2:56** | 3.3 | **3:34** | 4.4 | **9:01** | 0.6 | **9:56** | 0.8 | 5:18 | 7:13 | |