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# Cape Lookout Bight, NC - Aug 1779

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | **9:19** | 3.7 | **9:36** | 3.9 | **3:13** | 0.7 | **3:24** | 0.8 | 5:19 | 7:12 | |
| 2 | Mon | **10:10** | 3.8 | **10:25** | 3.8 | **3:49** | 0.7 | **4:11** | 0.9 | 5:20 | 7:11 | |
| 3 | Tue | **10:59** | 4.0 | **11:12** | 3.7 | **4:28** | 0.6 | **5:01** | 0.9 | 5:21 | 7:10 | |
| 4 | Wed | **11:47** | 4.3 | **11:59** | 3.6 | **5:11** | 0.6 | **5:56** | 0.9 | 5:22 | 7:09 | |
| 5 | Thu | | | **12:37** | 4.4 | **5:59** | 0.5 | **7:00** | 0.9 | 5:22 | 7:08 | |
| 6 | Fri | **12:51** | 3.5 | **1:35** | 4.6 | **6:57** | 0.5 | **8:12** | 0.8 | 5:23 | 7:07 | |
| 7 | Sat | **1:53** | 3.5 | **2:39** | 4.8 | **8:03** | 0.4 | **9:13** | 0.7 | 5:24 | 7:06 | |
| 8 | Sun | **2:59** | 3.6 | **3:41** | 5.0 | **9:05** | 0.2 | **10:08** | 0.5 | 5:25 | 7:05 | |
| 9 | Mon | **4:02** | 3.7 | **4:42** | 5.2 | **10:01** | 0.0 | **11:04** | 0.3 | 5:25 | 7:04 | |
| 10 | Tue | **5:04** | 3.9 | **5:41** | 5.3 | **11:00** | -0.1 | | | 5:26 | 7:03 | |
| 11 | Wed | **6:04** | 4.2 | **6:35** | 5.3 | **12:04** | 0.2 | **12:04** | -0.1 | 5:27 | 7:02 | |
| 12 | Thu | **6:58** | 4.4 | **7:25** | 5.2 | **1:01** | 0.1 | **1:07** | -0.1 | 5:28 | 7:01 | |
| 13 | Fri | **7:49** | 4.6 | **8:14** | 5.0 | **1:51** | 0.0 | **2:04** | 0.0 | 5:28 | 7:00 | |
| 14 | Sat | **8:42** | 4.6 | **9:06** | 4.7 | **2:39** | 0.0 | **2:59** | 0.1 | 5:29 | 6:59 | |
| 15 | Sun | **9:40** | 4.6 | **10:04** | 4.3 | **3:26** | 0.1 | **3:56** | 0.3 | 5:30 | 6:58 | |
| 16 | Mon | **10:39** | 4.6 | **10:59** | 4.0 | **4:14** | 0.3 | **4:52** | 0.6 | 5:31 | 6:57 | |
| 17 | Tue | **11:32** | 4.5 | **11:49** | 3.7 | **5:01** | 0.5 | **5:49** | 0.8 | 5:31 | 6:55 | |
| 18 | Wed | | | **12:21** | 4.4 | **5:48** | 0.8 | **6:53** | 1.1 | 5:32 | 6:54 | |
| 19 | Thu | **12:38** | 3.5 | **1:13** | 4.2 | **6:41** | 1.0 | **8:10** | 1.2 | 5:33 | 6:53 | |
| 20 | Fri | **1:31** | 3.3 | **2:10** | 4.1 | **7:45** | 1.1 | **9:08** | 1.2 | 5:34 | 6:52 | |
| 21 | Sat | **2:29** | 3.2 | **3:07** | 4.1 | **8:43** | 1.1 | **9:52** | 1.3 | 5:34 | 6:51 | |
| 22 | Sun | **3:24** | 3.1 | **3:57** | 4.1 | **9:27** | 1.1 | **10:31** | 1.3 | 5:35 | 6:49 | |
| 23 | Mon | **4:13** | 3.2 | **4:43** | 4.2 | **10:05** | 1.1 | **11:10** | 1.2 | 5:36 | 6:48 | |
| 24 | Tue | **5:00** | 3.3 | **5:27** | 4.2 | **10:45** | 1.1 | **11:51** | 1.2 | 5:36 | 6:47 | |
| 25 | Wed | **5:43** | 3.5 | **6:06** | 4.3 | **11:30** | 1.0 | | | 5:37 | 6:46 | |
| 26 | Thu | **6:21** | 3.7 | **6:41** | 4.3 | **12:28** | 1.1 | **12:16** | 1.0 | 5:38 | 6:44 | |
| 27 | Fri | **6:57** | 3.8 | **7:14** | 4.3 | **1:02** | 1.0 | **1:00** | 0.9 | 5:39 | 6:43 | |
| 28 | Sat | **7:31** | 4.0 | **7:48** | 4.3 | **1:33** | 0.9 | **1:41** | 0.8 | 5:39 | 6:42 | |
| 29 | Sun | **8:06** | 4.2 | **8:23** | 4.2 | **2:04** | 0.8 | **2:21** | 0.8 | 5:40 | 6:40 | |
| 30 | Mon | **8:46** | 4.3 | **9:05** | 4.0 | **2:37** | 0.8 | **3:04** | 0.8 | 5:41 | 6:39 | |
| 31 | Tue | **9:35** | 4.4 | **9:55** | 3.9 | **3:14** | 0.7 | **3:50** | 0.9 | 5:42 | 6:38 | |