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# Cape Lookout Bight, NC - Mar 1786

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 7:17 | 4.3 | 7:42 | 4.6 | 1:10 | -0.5 | 1:29 | -0.5 | 6:38 | 6:06 | |
| 2 | Thu | 8:03 | 4.1 | 8:32 | 4.7 | 2:03 | -0.5 | 2:15 | -0.6 | 6:37 | 6:07 | |
| 3 | Fri | 8:54 | 3.9 | 9:28 | 4.7 | 2:56 | -0.5 | 3:03 | -0.6 | 6:36 | 6:08 | |
| 4 | Sat | 9:52 | 3.7 | 10:29 | 4.6 | 3:51 | -0.3 | 3:54 | -0.4 | 6:34 | 6:09 | |
| 5 | Sun | 10:52 | 3.5 | 11:28 | 4.5 | 4:49 | -0.1 | 4:49 | -0.2 | 6:33 | 6:09 | |
| 6 | Mon | 11:49 | 3.3 | | | 5:49 | 0.2 | 5:46 | 0.0 | 6:32 | 6:10 | |
| 7 | Tue | 12:26 | 4.3 | 12:47 | 3.1 | 7:01 | 0.4 | 6:54 | 0.2 | 6:31 | 6:11 | |
| 8 | Wed | 1:28 | 4.1 | 1:53 | 3.0 | 8:21 | 0.5 | 8:14 | 0.3 | 6:29 | 6:12 | |
| 9 | Thu | 2:37 | 3.9 | 3:03 | 3.1 | 9:22 | 0.5 | 9:19 | 0.3 | 6:28 | 6:13 | |
| 10 | Fri | 3:40 | 3.8 | 4:05 | 3.2 | 10:10 | 0.4 | 10:10 | 0.3 | 6:26 | 6:14 | |
| 11 | Sat | 4:35 | 3.8 | 4:59 | 3.3 | 10:55 | 0.4 | 11:00 | 0.4 | 6:25 | 6:14 | |
| 12 | Sun | 5:25 | 3.7 | 5:45 | 3.5 | 11:39 | 0.4 | 11:52 | 0.4 | 6:24 | 6:15 | |
| 13 | Mon | 6:06 | 3.7 | 6:23 | 3.6 | | | 12:19 | 0.4 | 6:22 | 6:16 | |
| 14 | Tue | 6:42 | 3.6 | 6:56 | 3.8 | 12:39 | 0.4 | 12:53 | 0.4 | 6:21 | 6:17 | |
| 15 | Wed | 7:13 | 3.5 | 7:28 | 3.8 | 1:18 | 0.4 | 1:23 | 0.4 | 6:20 | 6:18 | |
| 16 | Thu | 7:45 | 3.4 | 8:00 | 3.9 | 1:53 | 0.4 | 1:52 | 0.4 | 6:18 | 6:18 | |
| 17 | Fri | 8:17 | 3.3 | 8:36 | 3.8 | 2:27 | 0.4 | 2:22 | 0.5 | 6:17 | 6:19 | |
| 18 | Sat | 8:53 | 3.1 | 9:17 | 3.8 | 3:02 | 0.5 | 2:55 | 0.5 | 6:15 | 6:20 | |
| 19 | Sun | 9:35 | 3.0 | 10:05 | 3.7 | 3:41 | 0.6 | 3:31 | 0.6 | 6:14 | 6:21 | |
| 20 | Mon | 10:23 | 2.9 | 10:54 | 3.7 | 4:22 | 0.7 | 4:11 | 0.6 | 6:13 | 6:22 | |
| 21 | Tue | 11:10 | 2.8 | 11:41 | 3.7 | 5:06 | 0.9 | 4:56 | 0.6 | 6:11 | 6:22 | |
| 22 | Wed | 11:56 | 2.9 | | | 5:55 | 0.9 | 5:47 | 0.7 | 6:10 | 6:23 | |
| 23 | Thu | 12:29 | 3.8 | 12:47 | 2.9 | 6:54 | 0.9 | 6:49 | 0.6 | 6:09 | 6:24 | |
| 24 | Fri | 1:25 | 3.8 | 1:48 | 3.1 | 8:00 | 0.8 | 8:02 | 0.5 | 6:07 | 6:25 | |
| 25 | Sat | 2:26 | 3.8 | 2:52 | 3.4 | 8:54 | 0.6 | 9:05 | 0.3 | 6:06 | 6:25 | |
| 26 | Sun | 3:25 | 3.9 | 3:50 | 3.8 | 9:41 | 0.3 | 10:00 | 0.0 | 6:04 | 6:26 | |
| 27 | Mon | 4:20 | 4.1 | 4:46 | 4.2 | 10:26 | 0.0 | 10:56 | -0.2 | 6:03 | 6:27 | |
| 28 | Tue | 5:15 | 4.1 | 5:41 | 4.7 | 11:15 | -0.2 | 11:56 | -0.3 | 6:02 | 6:28 | |
| 29 | Wed | 6:08 | 4.2 | 6:33 | 5.0 | | | 12:08 | -0.3 | 6:00 | 6:29 | |
| 30 | Thu | 6:57 | 4.2 | 7:22 | 5.2 | 12:55 | -0.4 | 1:01 | -0.5 | 5:59 | 6:29 | |
| 31 | Fri | 7:45 | 4.1 | 8:12 | 5.2 | 1:50 | -0.5 | 1:51 | -0.5 | 5:57 | 6:30 | |