

## Cape Lookout Bight, NC - Aug 1969

| Date |     | High  |     |       |     | Low   |     |          |     |  |      |    |
|------|-----|-------|-----|-------|-----|-------|-----|----------|-----|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft  | PM       | ft  | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Fri | 10:29 | 4.5 | 10:52 | 4.3 | 4:18  | 0.0 | 4:44     | 0.2 | 6:16                                                                                | 8:08 |    |
| 2    | Sat | 11:29 | 4.5 | 11:48 | 4.0 | 5:05  | 0.1 | 5:41     | 0.5 | 6:17                                                                                | 8:07 |    |
| 3    | Sun |       |     | 12:23 | 4.4 | 5:52  | 0.3 | 6:38     | 0.7 | 6:17                                                                                | 8:06 |    |
| 4    | Mon | 12:39 | 3.7 | 1:12  | 4.3 | 6:38  | 0.6 | 7:40     | 1.0 | 6:18                                                                                | 8:05 |    |
| 5    | Tue | 1:26  | 3.4 | 2:03  | 4.2 | 7:27  | 0.8 | 8:57     | 1.1 | 6:19                                                                                | 8:04 |    |
| 6    | Wed | 2:17  | 3.2 | 2:59  | 4.1 | 8:27  | 1.0 | 10:00    | 1.2 | 6:20                                                                                | 8:03 |    |
| 7    | Thu | 3:14  | 3.0 | 3:57  | 4.0 | 9:28  | 1.0 | 10:46    | 1.2 | 6:20                                                                                | 8:02 |    |
| 8    | Fri | 4:11  | 2.9 | 4:49  | 4.0 | 10:15 | 1.0 | 11:27    | 1.2 | 6:21                                                                                | 8:01 |    |
| 9    | Sat | 5:02  | 3.0 | 5:36  | 4.1 | 10:54 | 1.0 |          |     | 6:22                                                                                | 8:00 |    |
| 10   | Sun | 5:50  | 3.1 | 6:20  | 4.1 | 12:08 | 1.2 | 11:34 AM | 1.0 | 6:23                                                                                | 7:59 |    |
| 11   | Mon | 6:35  | 3.2 | 7:00  | 4.2 | 12:50 | 1.2 | 12:17    | 1.0 | 6:23                                                                                | 7:58 |    |
| 12   | Tue | 7:15  | 3.4 | 7:36  | 4.3 | 1:29  | 1.1 | 1:05     | 0.9 | 6:24                                                                                | 7:57 |   |
| 13   | Wed | 7:51  | 3.6 | 8:09  | 4.2 | 2:02  | 1.0 | 1:51     | 0.9 | 6:25                                                                                | 7:56 |  |
| 14   | Thu | 8:25  | 3.8 | 8:42  | 4.2 | 2:31  | 0.9 | 2:32     | 0.8 | 6:26                                                                                | 7:55 |  |
| 15   | Fri | 9:00  | 3.9 | 9:16  | 4.1 | 3:01  | 0.8 | 3:12     | 0.8 | 6:26                                                                                | 7:54 |  |
| 16   | Sat | 9:39  | 4.1 | 9:55  | 3.9 | 3:32  | 0.7 | 3:54     | 0.8 | 6:27                                                                                | 7:53 |  |
| 17   | Sun | 10:25 | 4.3 | 10:42 | 3.8 | 4:07  | 0.7 | 4:40     | 0.8 | 6:28                                                                                | 7:52 |  |
| 18   | Mon | 11:18 | 4.4 | 11:34 | 3.7 | 4:46  | 0.6 | 5:30     | 0.9 | 6:28                                                                                | 7:50 |  |
| 19   | Tue |       |     | 12:11 | 4.6 | 5:30  | 0.6 | 6:23     | 1.0 | 6:29                                                                                | 7:49 |  |
| 20   | Wed | 12:25 | 3.6 | 1:03  | 4.7 | 6:19  | 0.6 | 7:23     | 1.0 | 6:30                                                                                | 7:48 |  |
| 21   | Thu | 1:17  | 3.5 | 2:00  | 4.7 | 7:15  | 0.6 | 8:36     | 1.0 | 6:31                                                                                | 7:47 |  |
| 22   | Fri | 2:16  | 3.5 | 3:06  | 4.8 | 8:25  | 0.6 | 9:47     | 0.9 | 6:31                                                                                | 7:46 |  |
| 23   | Sat | 3:26  | 3.6 | 4:12  | 4.9 | 9:37  | 0.4 | 10:44    | 0.7 | 6:32                                                                                | 7:44 |  |
| 24   | Sun | 4:34  | 3.7 | 5:14  | 5.0 | 10:38 | 0.3 | 11:37    | 0.6 | 6:33                                                                                | 7:43 |  |
| 25   | Mon | 5:37  | 4.0 | 6:14  | 5.1 | 11:37 | 0.2 |          |     | 6:34                                                                                | 7:42 |  |
| 26   | Tue | 6:38  | 4.3 | 7:09  | 5.1 | 12:33 | 0.4 | 12:40    | 0.2 | 6:34                                                                                | 7:40 |  |
| 27   | Wed | 7:33  | 4.6 | 7:58  | 5.0 | 1:28  | 0.3 | 1:44     | 0.1 | 6:35                                                                                | 7:39 |  |
| 28   | Thu | 8:21  | 4.8 | 8:44  | 4.8 | 2:18  | 0.2 | 2:40     | 0.2 | 6:36                                                                                | 7:38 |  |
| 29   | Fri | 9:08  | 4.9 | 9:30  | 4.5 | 3:02  | 0.2 | 3:32     | 0.3 | 6:37                                                                                | 7:37 |  |
| 30   | Sat | 9:57  | 4.8 | 10:20 | 4.2 | 3:45  | 0.3 | 4:23     | 0.5 | 6:37                                                                                | 7:35 |  |
| 31   | Sun | 10:52 | 4.7 | 11:15 | 3.9 | 4:28  | 0.5 | 5:15     | 0.7 | 6:38                                                                                | 7:34 |  |