

Cape Lookout Bight, NC - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:09	3.1	6:39	4.4	12:25	0.6	11:51 AM	0.5	5:56	8:23	
2	Thu	6:58	3.1	7:22	4.4	1:20	0.7	12:40	0.6	5:57	8:23	
3	Fri	7:40	3.1	8:00	4.3	2:06	0.7	1:29	0.6	5:57	8:22	
4	Sat	8:17	3.1	8:35	4.2	2:44	0.7	2:14	0.7	5:58	8:22	
5	Sun	8:52	3.2	9:10	4.1	3:16	0.7	2:54	0.7	5:58	8:22	
6	Mon	9:31	3.2	9:48	3.9	3:47	0.7	3:33	0.8	5:59	8:22	
7	Tue	10:15	3.2	10:31	3.7	4:19	0.7	4:14	0.9	5:59	8:22	
8	Wed	11:04	3.3	11:17	3.6	4:52	0.7	4:59	0.9	6:00	8:22	
9	Thu	11:51	3.5			5:26	0.8	5:45	1.0	6:00	8:21	
10	Fri	12:01	3.4	12:34	3.6	6:01	0.8	6:33	1.1	6:01	8:21	
11	Sat	12:42	3.3	1:16	3.8	6:39	0.8	7:27	1.1	6:01	8:21	
12	Sun	1:23	3.2	2:02	4.0	7:24	0.7	8:33	1.1	6:02	8:20	
13	Mon	2:11	3.1	2:57	4.2	8:19	0.7	9:36	1.0	6:03	8:20	
14	Tue	3:09	3.0	3:55	4.4	9:18	0.5	10:29	0.8	6:03	8:20	
15	Wed	4:10	3.1	4:52	4.6	10:11	0.3	11:18	0.6	6:04	8:19	
16	Thu	5:09	3.2	5:49	4.8	11:03	0.1			6:04	8:19	
17	Fri	6:08	3.5	6:45	5.0	12:12	0.5	11:58 AM	0.0	6:05	8:18	
18	Sat	7:06	3.7	7:38	5.1	1:11	0.3	1:01	-0.1	6:06	8:18	
19	Sun	7:59	4.0	8:27	5.1	2:05	0.1	2:03	-0.2	6:06	8:17	
20	Mon	8:51	4.3	9:16	4.9	2:54	-0.1	3:01	-0.2	6:07	8:17	
21	Tue	9:46	4.4	10:10	4.7	3:42	-0.2	3:59	-0.1	6:08	8:16	
22	Wed	10:47	4.5	11:10	4.3	4:31	-0.2	4:59	0.1	6:08	8:16	
23	Thu	11:48	4.6			5:21	-0.1	5:59	0.3	6:09	8:15	
24	Fri	12:07	4.1	12:44	4.6	6:11	0.0	7:01	0.5	6:10	8:14	
25	Sat	1:00	3.8	1:38	4.6	7:03	0.3	8:14	0.7	6:11	8:14	
26	Sun	1:54	3.5	2:37	4.5	8:02	0.5	9:30	0.8	6:11	8:13	
27	Mon	2:54	3.2	3:39	4.3	9:09	0.6	10:29	0.8	6:12	8:12	
28	Tue	3:57	3.1	4:38	4.3	10:05	0.7	11:18	0.9	6:13	8:11	
29	Wed	4:55	3.1	5:31	4.3	10:51	0.7			6:13	8:11	
30	Thu	5:49	3.1	6:21	4.2	12:07	0.9	11:34 AM	0.8	6:14	8:10	
31	Fri	6:38	3.2	7:03	4.2	12:57	1.0	12:20	0.8	6:15	8:09	