

Cape Lookout Bight, NC - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:19	3.3	7:39	4.2	1:41	0.9	1:09	0.9	6:16	8:08	
2	Sun	7:54	3.4	8:12	4.2	2:15	0.9	1:53	0.9	6:16	8:07	
3	Mon	8:28	3.5	8:44	4.1	2:44	0.9	2:33	0.9	6:17	8:06	
4	Tue	9:01	3.6	9:16	4.0	3:10	0.8	3:10	0.9	6:18	8:06	
5	Wed	9:37	3.7	9:52	3.8	3:38	0.8	3:48	0.9	6:19	8:05	
6	Thu	10:19	3.8	10:34	3.6	4:08	0.8	4:29	1.0	6:19	8:04	
7	Fri	11:07	3.9	11:20	3.5	4:41	0.8	5:13	1.0	6:20	8:03	
8	Sat	11:54	4.0			5:18	0.8	6:00	1.1	6:21	8:02	
9	Sun	12:05	3.4	12:39	4.2	5:57	0.8	6:50	1.2	6:22	8:01	
10	Mon	12:49	3.3	1:27	4.3	6:42	0.8	7:51	1.2	6:22	8:00	
11	Tue	1:37	3.3	2:23	4.4	7:38	0.7	9:02	1.1	6:23	7:59	
12	Wed	2:36	3.3	3:26	4.6	8:46	0.6	10:03	1.0	6:24	7:57	
13	Thu	3:43	3.4	4:28	4.8	9:51	0.4	10:55	0.8	6:25	7:56	
14	Fri	4:47	3.6	5:28	4.9	10:48	0.2	11:47	0.5	6:25	7:55	
15	Sat	5:49	3.9	6:26	5.1	11:46	0.1			6:26	7:54	
16	Sun	6:48	4.3	7:20	5.2	12:43	0.3	12:50	0.0	6:27	7:53	
17	Mon	7:43	4.6	8:10	5.1	1:38	0.1	1:53	-0.1	6:28	7:52	
18	Tue	8:34	4.9	8:58	4.9	2:29	0.0	2:51	-0.1	6:28	7:51	
19	Wed	9:25	5.0	9:48	4.6	3:16	-0.1	3:47	0.0	6:29	7:49	
20	Thu	10:21	5.0	10:45	4.3	4:03	0.0	4:43	0.2	6:30	7:48	
21	Fri	11:22	5.0	11:44	4.0	4:52	0.1	5:41	0.5	6:30	7:47	
22	Sat			12:19	4.9	5:43	0.3	6:40	0.7	6:31	7:46	
23	Sun	12:38	3.8	1:13	4.7	6:34	0.6	7:47	1.0	6:32	7:45	
24	Mon	1:31	3.5	2:09	4.5	7:32	0.8	9:07	1.2	6:33	7:43	
25	Tue	2:28	3.3	3:13	4.3	8:43	1.0	10:10	1.2	6:33	7:42	
26	Wed	3:33	3.2	4:15	4.2	9:49	1.1	10:58	1.2	6:34	7:41	
27	Thu	4:34	3.2	5:08	4.2	10:37	1.1	11:39	1.2	6:35	7:39	
28	Fri	5:25	3.3	5:55	4.2	11:19	1.1			6:36	7:38	
29	Sat	6:12	3.5	6:37	4.2	12:20	1.2	12:01	1.1	6:36	7:37	
30	Sun	6:52	3.6	7:13	4.2	12:59	1.2	12:47	1.1	6:37	7:36	
31	Mon	7:28	3.8	7:45	4.2	1:32	1.1	1:32	1.0	6:38	7:34	