US HARBORS www.USHarbors.com

Cape Lookout Bight, NC - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:36	4.5	6:57	3.5	12:06	-0.1	1:10	-0.1	7:13	5:05	
2	Fri	7:18	4.4	7:40	3.4	1:00	0.0	1:54	0.0	7:13	5:06	
3	Sat	7:59	4.2	8:22	3.4	1:47	0.0	2:33	0.0	7:13	5:07	
4	Sun	8:40	3.9	9:08	3.3	2:30	0.2	3:11	0.1	7:13	5:08	
5	Mon	9:25	3.7	10:00	3.3	3:14	0.3	3:49	0.2	7:13	5:09	
6	Tue	10:14	3.4	10:49	3.3	3:59	0.5	4:26	0.3	7:13	5:09	
7	Wed	11:00	3.2	11:33	3.3	4:45	0.6	5:03	0.4	7:13	5:10	
8	Thu	11:42	3.0			5:31	0.8	5:42	0.5	7:13	5:11	
9	Fri	12:15	3.4	12:23	2.9	6:23	0.9	6:26	0.5	7:13	5:12	
10	Sat	1:00	3.4	1:09	2.8	7:27	0.9	7:19	0.5	7:13	5:13	
11	Sun	1:51	3.5	2:02	2.7	8:30	0.8	8:14	0.4	7:13	5:14	
12	Mon	2:45	3.6	2:57	2.7	9:18	0.7	9:02	0.3	7:13	5:15	
13	Tue	3:36	3.8	3:50	2.8	10:00	0.5	9:46	0.1	7:13	5:16	
14	Wed	4:25	3.9	4:41	2.9	10:43	0.4	10:32	0.0	7:13	5:17	
15	Thu	5:14	4.1	5:33	3.2	11:32	0.2	11:23	-0.1	7:12	5:17	
16	Fri	6:02	4.3	6:22	3.4			12:22	0.0	7:12	5:18	
17	Sat	6:47	4.4	7:08	3.7	12:18	-0.3	1:09	-0.2	7:12	5:19	
18	Sun	7:31	4.5	7:55	3.9	1:12	-0.4	1:54	-0.4	7:12	5:20	
19	Mon	8:17	4.4	8:45	4.0	2:04	-0.4	2:39	-0.5	7:11	5:21	
20	Tue	9:08	4.2	9:44	4.1	2:57	-0.4	3:26	-0.6	7:11	5:22	
21	Wed	10:05	4.0	10:44	4.2	3:53	-0.3	4:16	-0.6	7:10	5:23	
22	Thu	11:03	3.7	11:41	4.2	4:51	-0.2	5:07	-0.5	7:10	5:24	
23	Fri	11:57	3.5			5:52	0.0	6:02	-0.3	7:10	5:25	
24	Sat	12:37	4.2	12:54	3.3	7:02	0.2	7:05	-0.2	7:09	5:26	
25	Sun	1:38	4.2	1:57	3.1	8:20	0.2	8:15	-0.2	7:09	5:27	
26	Mon	2:42	4.1	3:03	3.1	9:23	0.1	9:15	-0.1	7:08	5:28	
27	Tue	3:44	4.1	4:05	3.1	10:16	0.1	10:06	-0.1	7:07	5:29	
28	Wed	4:41	4.1	5:03	3.1	11:09	0.1	10:58	-0.1	7:07	5:30	
29	Thu	5:34	4.1	5:56	3.2			12:03	0.1	7:06	5:31	
30	Fri	6:20	4.1	6:40	3.3			12:51	0.1	7:06	5:32	
31	Sat	7:00	4.0	7:19	3.4	12:45	0.0	1:30	0.0	7:05	5:33	