

Cape Lookout Bight, NC - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:35	4.8	6:54	3.7	12:10	-0.2	1:07	-0.1	7:13	5:05	☀
2	Fri	7:17	4.7	7:37	3.7	1:01	-0.2	1:50	-0.1	7:13	5:06	☀
3	Sat	7:57	4.5	8:19	3.7	1:46	-0.1	2:29	-0.1	7:13	5:07	☀
4	Sun	8:38	4.2	9:05	3.6	2:29	0.0	3:07	0.0	7:13	5:08	☀
5	Mon	9:23	4.0	9:54	3.6	3:12	0.2	3:45	0.1	7:13	5:09	☀
6	Tue	10:09	3.7	10:42	3.5	3:56	0.4	4:24	0.2	7:13	5:09	☀
7	Wed	10:54	3.5	11:28	3.5	4:43	0.6	5:04	0.4	7:13	5:10	☀
8	Thu	11:37	3.2			5:32	0.8	5:46	0.5	7:13	5:11	☀
9	Fri	12:13	3.5	12:22	3.1	6:29	0.9	6:36	0.6	7:13	5:12	☀
10	Sat	1:02	3.5	1:12	2.9	7:38	0.9	7:33	0.6	7:13	5:13	☀
11	Sun	1:58	3.6	2:10	2.8	8:40	0.9	8:28	0.5	7:13	5:14	☀
12	Mon	2:56	3.7	3:09	2.9	9:29	0.7	9:16	0.3	7:13	5:15	☀
13	Tue	3:48	3.9	4:03	3.0	10:14	0.5	10:01	0.2	7:13	5:16	☀
14	Wed	4:38	4.1	4:54	3.2	11:01	0.4	10:48	0.0	7:13	5:17	☀
15	Thu	5:25	4.4	5:42	3.4	11:49	0.2	11:39	-0.1	7:12	5:17	☀
16	Fri	6:09	4.5	6:28	3.7			12:35	-0.1	7:12	5:18	☀
17	Sat	6:52	4.7	7:12	3.9	12:31	-0.3	1:18	-0.3	7:12	5:19	☀
18	Sun	7:34	4.7	7:56	4.1	1:20	-0.4	1:59	-0.4	7:12	5:20	☀
19	Mon	8:18	4.6	8:46	4.2	2:08	-0.5	2:41	-0.5	7:11	5:21	☀
20	Tue	9:07	4.4	9:41	4.3	2:58	-0.4	3:26	-0.6	7:11	5:22	☀
21	Wed	10:01	4.1	10:38	4.3	3:51	-0.3	4:13	-0.5	7:10	5:23	☀
22	Thu	10:55	3.9	11:34	4.3	4:47	-0.1	5:04	-0.4	7:10	5:24	☀
23	Fri	11:49	3.6			5:48	0.2	6:00	-0.2	7:10	5:25	☀
24	Sat	12:31	4.2	12:47	3.4	6:59	0.3	7:05	-0.1	7:09	5:26	☀
25	Sun	1:35	4.2	1:53	3.2	8:16	0.4	8:14	-0.1	7:09	5:27	☀
26	Mon	2:43	4.2	3:03	3.2	9:21	0.3	9:16	-0.1	7:08	5:28	☀
27	Tue	3:47	4.2	4:07	3.2	10:17	0.2	10:10	-0.1	7:07	5:29	☀
28	Wed	4:45	4.3	5:05	3.4	11:11	0.1	11:04	-0.1	7:07	5:30	☀
29	Thu	5:36	4.3	5:56	3.5			12:03	0.0	7:06	5:31	☀
30	Fri	6:21	4.3	6:39	3.6			12:49	-0.1	7:06	5:32	☀
31	Sat	6:59	4.3	7:17	3.7	12:47	-0.1	1:27	-0.1	7:05	5:33	☀