

Cape Lookout Bight, NC - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:11	4.0	7:28	4.0	1:11	0.0	1:30	0.0	6:34	6:02	
2	Tue	7:44	3.9	8:02	4.0	1:47	0.0	2:01	0.0	6:33	6:03	
3	Wed	8:18	3.7	8:39	3.9	2:22	0.1	2:32	0.1	6:32	6:03	
4	Thu	8:55	3.6	9:20	3.9	2:58	0.2	3:05	0.2	6:30	6:04	
5	Fri	9:36	3.4	10:05	3.8	3:36	0.4	3:40	0.3	6:29	6:05	
6	Sat	10:21	3.2	10:51	3.8	4:18	0.5	4:19	0.4	6:28	6:06	
7	Sun	11:06	3.1	11:38	3.7	5:03	0.7	5:03	0.5	6:26	6:07	
8	Mon	11:53	3.0			5:55	0.8	5:54	0.6	6:25	6:08	
9	Tue	12:28	3.7	12:45	2.9	6:58	0.9	6:57	0.6	6:24	6:09	
10	Wed	1:26	3.7	1:48	3.0	8:06	0.8	8:07	0.5	6:22	6:09	
11	Thu	2:30	3.8	2:54	3.2	9:02	0.6	9:08	0.2	6:21	6:10	
12	Fri	3:31	4.0	3:54	3.6	9:51	0.3	10:02	0.0	6:20	6:11	
13	Sat	4:26	4.2	4:49	4.0	10:38	0.0	10:57	-0.3	6:18	6:12	
14	Sun	5:18	4.4	5:41	4.5	11:28	-0.3	11:54	-0.5	6:17	6:13	
15	Mon	6:07	4.5	6:30	4.8			12:18	-0.5	6:16	6:13	
16	Tue	6:53	4.6	7:18	5.1	12:49	-0.6	1:06	-0.7	6:14	6:14	
17	Wed	7:39	4.5	8:06	5.1	1:40	-0.7	1:52	-0.8	6:13	6:15	
18	Thu	8:27	4.3	8:58	5.0	2:30	-0.6	2:39	-0.7	6:11	6:16	
19	Fri	9:20	4.1	9:55	4.8	3:22	-0.4	3:29	-0.5	6:10	6:17	
20	Sat	10:19	3.9	10:54	4.6	4:16	-0.2	4:22	-0.3	6:09	6:17	
21	Sun	11:17	3.6	11:52	4.3	5:14	0.1	5:20	0.0	6:07	6:18	
22	Mon			12:15	3.5	6:19	0.4	6:26	0.3	6:06	6:19	
23	Tue	12:52	4.1	1:20	3.3	7:36	0.5	7:45	0.5	6:04	6:20	
24	Wed	2:00	3.9	2:32	3.3	8:45	0.5	8:55	0.5	6:03	6:21	
25	Thu	3:08	3.8	3:38	3.4	9:38	0.5	9:50	0.4	6:02	6:21	
26	Fri	4:06	3.8	4:31	3.6	10:22	0.4	10:38	0.4	6:00	6:22	
27	Sat	4:54	3.8	5:15	3.8	11:04	0.4	11:25	0.3	5:59	6:23	
28	Sun	5:36	3.8	5:54	4.0	11:44	0.3			5:58	6:24	
29	Mon	6:12	3.8	6:28	4.1	12:10	0.3	12:21	0.3	5:56	6:24	
30	Tue	6:45	3.8	7:01	4.2	12:49	0.2	12:55	0.2	5:55	6:25	
31	Wed	7:17	3.8	7:33	4.3	1:25	0.2	1:27	0.2	5:53	6:26	