

Cape Lookout Bight, NC - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:33	4.0	10:53	4.3	4:25	0.1	4:38	0.3	5:56	8:23	
2	Fri	11:29	4.1	11:46	4.2	5:10	0.0	5:32	0.4	5:57	8:22	
3	Sat			12:23	4.3	5:57	0.1	6:30	0.5	5:57	8:22	
4	Sun	12:37	4.0	1:17	4.4	6:49	0.1	7:35	0.6	5:58	8:22	
5	Mon	1:31	3.8	2:16	4.5	7:48	0.1	8:49	0.6	5:58	8:22	
6	Tue	2:32	3.7	3:21	4.6	8:52	0.1	9:56	0.5	5:59	8:22	
7	Wed	3:39	3.6	4:24	4.7	9:53	0.0	10:53	0.3	5:59	8:22	
8	Thu	4:43	3.6	5:24	4.9	10:48	-0.1	11:49	0.2	6:00	8:21	
9	Fri	5:44	3.8	6:20	5.0	11:43	-0.1			6:00	8:21	
10	Sat	6:40	3.9	7:11	5.0	12:47	0.1	12:41	-0.1	6:01	8:21	
11	Sun	7:31	4.0	7:57	5.0	1:41	0.0	1:37	-0.1	6:02	8:21	
12	Mon	8:17	4.1	8:40	4.8	2:28	0.0	2:28	0.0	6:02	8:20	
13	Tue	9:02	4.1	9:22	4.6	3:10	0.0	3:14	0.1	6:03	8:20	
14	Wed	9:48	4.0	10:07	4.3	3:51	0.1	3:59	0.3	6:03	8:19	
15	Thu	10:38	3.9	10:54	4.0	4:30	0.2	4:44	0.5	6:04	8:19	
16	Fri	11:28	3.9	11:41	3.8	5:10	0.3	5:31	0.7	6:05	8:19	
17	Sat			12:14	3.9	5:50	0.5	6:19	0.9	6:05	8:18	
18	Sun	12:25	3.6	12:59	3.8	6:32	0.7	7:13	1.1	6:06	8:18	
19	Mon	1:08	3.4	1:46	3.8	7:19	0.8	8:18	1.2	6:07	8:17	
20	Tue	1:56	3.2	2:40	3.8	8:15	0.8	9:24	1.2	6:07	8:16	
21	Wed	2:51	3.1	3:38	3.9	9:12	0.8	10:16	1.0	6:08	8:16	
22	Thu	3:51	3.1	4:32	4.1	10:02	0.7	11:00	0.9	6:09	8:15	
23	Fri	4:46	3.2	5:21	4.2	10:46	0.6	11:44	0.8	6:10	8:15	
24	Sat	5:37	3.4	6:08	4.4	11:32	0.4			6:10	8:14	
25	Sun	6:25	3.6	6:52	4.6	12:30	0.6	12:21	0.3	6:11	8:13	
26	Mon	7:10	3.8	7:34	4.8	1:16	0.4	1:11	0.2	6:12	8:13	
27	Tue	7:53	4.1	8:14	4.8	1:58	0.2	2:00	0.1	6:12	8:12	
28	Wed	8:35	4.3	8:56	4.8	2:38	0.0	2:47	0.0	6:13	8:11	
29	Thu	9:20	4.4	9:40	4.6	3:18	-0.1	3:34	0.0	6:14	8:10	
30	Fri	10:11	4.5	10:31	4.4	4:00	-0.1	4:24	0.1	6:15	8:09	
31	Sat	11:07	4.6	11:25	4.2	4:45	-0.1	5:17	0.2	6:15	8:09	