

Cape Lookout Bight, NC - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:03	4.7	5:33	-0.1	6:15	0.4	6:16	8:08	
2	Mon	12:19	4.0	12:59	4.6	6:26	0.1	7:19	0.6	6:17	8:07	
3	Tue	1:14	3.8	1:58	4.6	7:26	0.2	8:33	0.7	6:18	8:06	
4	Wed	2:15	3.6	3:04	4.6	8:35	0.3	9:45	0.6	6:18	8:05	
5	Thu	3:24	3.6	4:11	4.6	9:42	0.2	10:43	0.5	6:19	8:04	
6	Fri	4:32	3.7	5:12	4.7	10:40	0.2	11:37	0.4	6:20	8:03	
7	Sat	5:33	3.8	6:08	4.7	11:35	0.2			6:21	8:02	
8	Sun	6:29	4.0	6:57	4.8	12:31	0.3	12:31	0.1	6:21	8:01	
9	Mon	7:17	4.1	7:40	4.7	1:21	0.3	1:25	0.1	6:22	8:00	
10	Tue	7:59	4.2	8:18	4.6	2:05	0.2	2:12	0.2	6:23	7:59	
11	Wed	8:38	4.3	8:56	4.5	2:43	0.2	2:54	0.2	6:23	7:58	
12	Thu	9:17	4.3	9:34	4.2	3:19	0.3	3:34	0.4	6:24	7:57	
13	Fri	9:58	4.2	10:15	4.0	3:53	0.3	4:14	0.5	6:25	7:56	
14	Sat	10:44	4.1	11:00	3.8	4:29	0.5	4:55	0.7	6:26	7:55	
15	Sun	11:31	4.0	11:45	3.6	5:06	0.6	5:39	0.9	6:26	7:54	
16	Mon			12:17	4.0	5:46	0.8	6:27	1.1	6:27	7:52	
17	Tue	12:29	3.4	1:03	3.9	6:30	0.9	7:23	1.3	6:28	7:51	
18	Wed	1:15	3.3	1:53	3.9	7:22	1.0	8:31	1.3	6:29	7:50	
19	Thu	2:07	3.2	2:52	3.9	8:25	1.0	9:35	1.2	6:29	7:49	
20	Fri	3:08	3.2	3:52	4.1	9:26	0.9	10:24	1.1	6:30	7:48	
21	Sat	4:09	3.4	4:46	4.3	10:18	0.7	11:08	0.9	6:31	7:46	
22	Sun	5:04	3.6	5:36	4.5	11:06	0.5	11:52	0.6	6:32	7:45	
23	Mon	5:55	3.9	6:23	4.7	11:56	0.3			6:32	7:44	
24	Tue	6:43	4.3	7:08	4.8	12:38	0.4	12:49	0.1	6:33	7:43	
25	Wed	7:29	4.6	7:51	4.9	1:24	0.2	1:41	0.0	6:34	7:41	
26	Thu	8:13	4.9	8:34	4.9	2:07	0.0	2:30	-0.1	6:35	7:40	
27	Fri	8:59	5.1	9:19	4.7	2:50	-0.2	3:19	-0.1	6:35	7:39	
28	Sat	9:48	5.1	10:09	4.5	3:34	-0.2	4:09	0.0	6:36	7:37	
29	Sun	10:44	5.1	11:05	4.3	4:21	-0.2	5:02	0.2	6:37	7:36	
30	Mon	11:43	5.0			5:11	0.0	6:00	0.4	6:37	7:35	
31	Tue	12:03	4.1	12:41	4.8	6:07	0.2	7:03	0.7	6:38	7:33	