US HARBORS www.USHarbors.com

Cape Lookout Bight, NC - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:08	4.7	5:35	0.0	6:17	0.4	6:16	8:08	
2	Mon	12:26	4.0	1:04	4.8	6:28	0.1	7:20	0.6	6:17	8:07	
3	Tue	1:21	3.9	2:01	4.7	7:26	0.2	8:34	0.7	6:18	8:06	
4	Wed	2:20	3.7	3:05	4.7	8:34	0.3	9:46	0.6	6:18	8:05	
5	Thu	3:26	3.7	4:09	4.7	9:41	0.3	10:43	0.6	6:19	8:04	
6	Fri	4:30	3.7	5:08	4.7	10:38	0.3	11:35	0.5	6:20	8:03	
7	Sat	5:30	3.8	6:04	4.7	11:30	0.3			6:21	8:02	
8	Sun	6:27	3.9	6:56	4.7	12:29	0.5	12:25	0.4	6:21	8:01	
9	Mon	7:18	4.0	7:41	4.6	1:22	0.5	1:22	0.4	6:22	8:00	
10	Tue	8:01	4.1	8:20	4.5	2:07	0.5	2:12	0.5	6:23	7:59	
11	Wed	8:40	4.1	8:57	4.3	2:46	0.5	2:55	0.6	6:23	7:58	
12	Thu	9:18	4.1	9:35	4.1	3:20	0.6	3:35	0.7	6:24	7:57	
13	Fri	10:00	4.0	10:18	3.9	3:54	0.7	4:16	0.8	6:25	7:56	
14	Sat	10:48	4.0	11:04	3.7	4:29	0.8	4:58	1.0	6:26	7:55	
15	Sun	11:36	4.0	11:51	3.5	5:06	0.9	5:41	1.1	6:26	7:54	
16	Mon			12:21	4.0	5:45	1.0	6:26	1.3	6:27	7:52	
17	Tue	12:33	3.4	1:05	4.0	6:26	1.0	7:15	1.4	6:28	7:51	
18	Wed	1:16	3.3	1:51	4.0	7:12	1.1	8:17	1.4	6:29	7:50	
19	Thu	2:03	3.3	2:43	4.0	8:09	1.1	9:21	1.4	6:29	7:49	
20	Fri	2:58	3.3	3:39	4.1	9:11	1.0	10:10	1.2	6:30	7:48	
21	Sat	3:56	3.4	4:32	4.3	10:04	0.9	10:52	1.0	6:31	7:46	
22	Sun	4:50	3.6	5:23	4.5	10:51	0.7	11:35	0.8	6:32	7:45	
23	Mon	5:43	3.9	6:13	4.7	11:40	0.5			6:32	7:44	
24	Tue	6:35	4.3	7:02	4.8	12:22	0.6	12:34	0.4	6:33	7:43	
25	Wed	7:24	4.6	7:48	4.9	1:12	0.4	1:31	0.2	6:34	7:41	
26	Thu	8:11	4.9	8:33	4.9	2:00	0.2	2:25	0.1	6:35	7:40	
27	Fri	8:58	5.1	9:20	4.7	2:47	0.1	3:17	0.1	6:35	7:39	
28	Sat	9:50	5.2	10:13	4.5	3:33	0.0	4:10	0.2	6:36	7:37	
29	Sun	10:49	5.1	11:13	4.3	4:23	0.0	5:07	0.3	6:37	7:36	
30	Mon	11:50	5.1			5:16	0.1	6:05	0.5	6:37	7:35	
31	Tue	12:12	4.2	12:48	5.0	6:11	0.3	7:07	0.7	6:38	7:33	