

Cape Lookout Bight, NC - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:51	3.9	2:28	4.4	8:10	0.8	9:13	0.9	7:01	6:50	
2	Sat	3:02	3.9	3:37	4.3	9:28	0.8	10:11	0.8	7:01	6:48	
3	Sun	4:10	4.0	4:38	4.3	10:28	0.8	10:58	0.7	7:02	6:47	
4	Mon	5:07	4.2	5:30	4.2	11:18	0.7	11:40	0.7	7:03	6:46	
5	Tue	5:54	4.3	6:15	4.3			12:05	0.6	7:04	6:44	
6	Wed	6:35	4.5	6:54	4.2	12:20	0.6	12:51	0.6	7:04	6:43	
7	Thu	7:12	4.6	7:29	4.2	12:59	0.6	1:33	0.6	7:05	6:42	
8	Fri	7:45	4.7	8:02	4.2	1:35	0.6	2:10	0.6	7:06	6:40	
9	Sat	8:18	4.7	8:34	4.1	2:09	0.6	2:45	0.6	7:07	6:39	
10	Sun	8:52	4.7	9:09	3.9	2:42	0.7	3:20	0.7	7:07	6:38	
11	Mon	9:29	4.6	9:47	3.8	3:16	0.7	3:56	0.8	7:08	6:36	
12	Tue	10:11	4.4	10:32	3.6	3:52	0.8	4:36	0.9	7:09	6:35	
13	Wed	10:59	4.3	11:22	3.5	4:31	0.9	5:19	1.1	7:10	6:34	
14	Thu	11:49	4.2			5:15	1.1	6:06	1.2	7:11	6:32	
15	Fri	12:12	3.5	12:38	4.1	6:05	1.2	6:59	1.2	7:12	6:31	
16	Sat	1:03	3.5	1:30	4.1	7:04	1.2	8:00	1.2	7:12	6:30	
17	Sun	1:59	3.7	2:28	4.1	8:15	1.1	9:01	1.0	7:13	6:29	
18	Mon	3:02	3.9	3:30	4.2	9:24	0.9	9:53	0.7	7:14	6:27	
19	Tue	4:02	4.3	4:28	4.3	10:21	0.6	10:40	0.4	7:15	6:26	
20	Wed	4:58	4.7	5:22	4.4	11:13	0.3	11:26	0.2	7:16	6:25	
21	Thu	5:50	5.1	6:14	4.6			12:07	0.1	7:17	6:24	
22	Fri	6:42	5.5	7:04	4.7	12:15	-0.1	1:03	-0.1	7:17	6:23	
23	Sat	7:31	5.7	7:52	4.7	1:07	-0.2	1:57	-0.2	7:18	6:22	
24	Sun	8:19	5.8	8:40	4.6	1:59	-0.3	2:48	-0.2	7:19	6:20	
25	Mon	9:08	5.7	9:31	4.5	2:49	-0.3	3:38	-0.1	7:20	6:19	
26	Tue	10:02	5.4	10:29	4.3	3:40	-0.2	4:31	0.1	7:21	6:18	
27	Wed	11:02	5.1	11:32	4.1	4:34	0.1	5:27	0.3	7:22	6:17	
28	Thu			12:02	4.8	5:33	0.4	6:26	0.5	7:23	6:16	
29	Fri	12:33	4.0	1:00	4.5	6:37	0.7	7:30	0.7	7:24	6:15	
30	Sat	1:34	3.9	1:59	4.2	7:50	0.9	8:41	0.8	7:25	6:14	
31	Sun	1:39	3.9	2:04	4.0	8:10	0.9	8:41	0.8	6:26	5:13	