

Cape Lookout Bight, NC - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:03	3.9	3:16	3.3	9:33	0.8	9:28	0.6	6:55	4:55	
2	Thu	3:51	4.1	4:05	3.3	10:16	0.7	10:05	0.6	6:56	4:55	
3	Fri	4:35	4.2	4:50	3.4	10:58	0.7	10:43	0.5	6:56	4:55	
4	Sat	5:15	4.3	5:31	3.4	11:42	0.6	11:23	0.5	6:57	4:55	
5	Sun	5:54	4.4	6:10	3.5			12:24	0.5	6:58	4:55	
6	Mon	6:30	4.5	6:46	3.5	12:05	0.4	1:02	0.4	6:59	4:55	
7	Tue	7:06	4.5	7:22	3.5	12:46	0.4	1:38	0.4	7:00	4:55	
8	Wed	7:41	4.5	8:00	3.5	1:25	0.4	2:14	0.3	7:00	4:55	
9	Thu	8:19	4.4	8:41	3.5	2:04	0.4	2:50	0.3	7:01	4:55	
10	Fri	9:01	4.3	9:30	3.5	2:45	0.4	3:28	0.3	7:02	4:55	
11	Sat	9:49	4.1	10:23	3.6	3:29	0.5	4:10	0.3	7:03	4:56	
12	Sun	10:40	4.0	11:15	3.8	4:19	0.6	4:54	0.3	7:03	4:56	
13	Mon	11:30	3.9			5:15	0.6	5:43	0.3	7:04	4:56	
14	Tue	12:07	4.0	12:21	3.7	6:18	0.7	6:39	0.2	7:05	4:56	
15	Wed	1:04	4.2	1:20	3.6	7:30	0.6	7:41	0.1	7:05	4:57	
16	Thu	2:06	4.4	2:24	3.6	8:38	0.4	8:40	-0.1	7:06	4:57	
17	Fri	3:09	4.6	3:28	3.6	9:37	0.2	9:34	-0.3	7:07	4:57	
18	Sat	4:08	4.9	4:28	3.8	10:32	0.0	10:28	-0.4	7:07	4:58	
19	Sun	5:05	5.1	5:25	3.9	11:30	-0.2	11:25	-0.5	7:08	4:58	
20	Mon	5:58	5.2	6:19	4.0			12:27	-0.3	7:08	4:59	
21	Tue	6:48	5.2	7:09	4.1	12:23	-0.5	1:19	-0.4	7:09	4:59	
22	Wed	7:36	5.1	7:59	4.1	1:18	-0.5	2:07	-0.4	7:09	5:00	
23	Thu	8:23	4.9	8:50	4.0	2:09	-0.4	2:54	-0.3	7:10	5:00	
24	Fri	9:14	4.5	9:47	3.9	3:00	-0.2	3:40	-0.2	7:10	5:01	
25	Sat	10:07	4.2	10:43	3.8	3:52	0.1	4:27	0.0	7:11	5:01	
26	Sun	10:59	3.9	11:34	3.7	4:45	0.4	5:14	0.2	7:11	5:02	
27	Mon	11:46	3.5			5:41	0.6	6:02	0.4	7:11	5:03	
28	Tue	12:24	3.7	12:34	3.3	6:45	0.8	6:57	0.5	7:12	5:03	
29	Wed	1:16	3.6	1:27	3.1	7:58	0.9	7:55	0.6	7:12	5:04	
30	Thu	2:14	3.6	2:25	2.9	8:57	0.8	8:45	0.5	7:12	5:05	
31	Fri	3:09	3.7	3:22	2.9	9:44	0.7			7:13	5:05	