

Cape Lookout Bight, NC - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:31	3.5			5:15	0.5	5:36	0.1	7:13	5:06	
2	Mon	12:07	3.7	12:19	3.4	6:12	0.5	6:28	0.1	7:13	5:07	
3	Tue	12:59	3.9	1:14	3.3	7:19	0.4	7:29	-0.1	7:13	5:07	
4	Wed	1:59	4.2	2:17	3.3	8:28	0.2	8:30	-0.3	7:13	5:08	
5	Thu	3:00	4.4	3:21	3.4	9:27	0.0	9:26	-0.5	7:13	5:09	
6	Fri	4:00	4.7	4:22	3.5	10:21	-0.2	10:20	-0.6	7:13	5:10	
7	Sat	4:58	4.8	5:22	3.7	11:19	-0.4	11:18	-0.7	7:13	5:11	
8	Sun	5:56	5.0	6:20	3.9			12:20	-0.5	7:13	5:12	
9	Mon	6:49	5.0	7:13	4.0	12:21	-0.7	1:17	-0.6	7:13	5:12	
10	Tue	7:39	4.9	8:05	4.0	1:20	-0.7	2:08	-0.7	7:13	5:13	
11	Wed	8:30	4.7	9:01	4.0	2:16	-0.6	2:58	-0.6	7:13	5:14	
12	Thu	9:25	4.3	10:02	3.9	3:12	-0.4	3:49	-0.5	7:13	5:15	
13	Fri	10:23	4.0	11:01	3.9	4:09	-0.2	4:39	-0.4	7:13	5:16	
14	Sat	11:17	3.7	11:53	3.8	5:06	0.1	5:27	-0.1	7:13	5:17	
15	Sun			12:06	3.4	6:05	0.3	6:18	0.1	7:12	5:18	
16	Mon	12:43	3.7	12:56	3.1	7:14	0.5	7:15	0.3	7:12	5:19	
17	Tue	1:37	3.6	1:50	2.8	8:27	0.6	8:16	0.4	7:12	5:20	
18	Wed	2:34	3.5	2:47	2.7	9:20	0.6	9:03	0.4	7:11	5:21	
19	Thu	3:26	3.5	3:39	2.7	10:03	0.6	9:41	0.4	7:11	5:22	
20	Fri	4:12	3.6	4:27	2.7	10:42	0.6	10:18	0.4	7:11	5:23	
21	Sat	4:57	3.6	5:13	2.8	11:23	0.5	10:57	0.4	7:10	5:24	
22	Sun	5:39	3.7	5:55	2.9			12:06	0.5	7:10	5:25	
23	Mon	6:17	3.8	6:34	3.0			12:44	0.4	7:09	5:26	
24	Tue	6:53	3.8	7:10	3.1	12:27	0.3	1:18	0.3	7:09	5:27	
25	Wed	7:27	3.8	7:45	3.2	1:10	0.2	1:50	0.2	7:08	5:28	
26	Thu	8:01	3.8	8:23	3.3	1:50	0.2	2:24	0.1	7:08	5:29	
27	Fri	8:39	3.7	9:07	3.4	2:30	0.2	2:59	0.0	7:07	5:30	
28	Sat	9:24	3.6	9:58	3.6	3:14	0.2	3:39	0.0	7:07	5:31	
29	Sun	10:15	3.5	10:51	3.7	4:02	0.2	4:22	-0.1	7:06	5:32	
30	Mon	11:06	3.4	11:42	3.9	4:54	0.2	5:08	-0.1	7:05	5:33	
31	Tue	11:57	3.3			5:50	0.2	6:00	-0.2	7:04	5:34	