

Cape Lookout Bight, NC - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:42	3.4			5:33	0.2	5:40	-0.1	6:35	6:01	
2	Thu	12:17	4.2	12:37	3.4	6:36	0.3	6:43	0.0	6:34	6:02	
3	Fri	1:17	4.2	1:41	3.4	7:49	0.2	7:55	-0.1	6:32	6:03	
4	Sat	2:23	4.3	2:49	3.5	8:56	0.1	9:02	-0.2	6:31	6:04	
5	Sun	3:27	4.3	3:53	3.7	9:51	0.0	10:00	-0.3	6:30	6:05	
6	Mon	4:27	4.4	4:54	3.9	10:44	-0.2	10:58	-0.3	6:28	6:06	
7	Tue	5:25	4.4	5:51	4.1	11:40	-0.2			6:27	6:06	
8	Wed	6:18	4.4	6:41	4.3	12:00	-0.4	12:34	-0.3	6:26	6:07	
9	Thu	7:05	4.3	7:27	4.3	12:58	-0.4	1:22	-0.3	6:24	6:08	
10	Fri	7:48	4.1	8:11	4.3	1:48	-0.3	2:05	-0.2	6:23	6:09	
11	Sat	8:32	3.9	8:57	4.2	2:35	-0.2	2:46	-0.1	6:22	6:10	
12	Sun	9:19	3.6	9:47	4.0	3:21	0.0	3:28	0.1	6:20	6:11	
13	Mon	10:10	3.4	10:39	3.9	4:07	0.3	4:10	0.3	6:19	6:11	
14	Tue	10:59	3.2	11:26	3.7	4:53	0.5	4:52	0.5	6:18	6:12	
15	Wed	11:44	3.0			5:39	0.7	5:36	0.7	6:16	6:13	
16	Thu	12:11	3.6	12:28	2.9	6:31	0.9	6:26	0.8	6:15	6:14	
17	Fri	12:58	3.5	1:18	2.8	7:39	1.0	7:29	0.9	6:13	6:15	
18	Sat	1:52	3.4	2:14	2.9	8:39	0.9	8:32	0.8	6:12	6:15	
19	Sun	2:48	3.4	3:09	3.0	9:21	0.8	9:19	0.7	6:11	6:16	
20	Mon	3:38	3.5	3:59	3.2	9:56	0.7	10:01	0.6	6:09	6:17	
21	Tue	4:25	3.6	4:46	3.4	10:33	0.6	10:45	0.4	6:08	6:18	
22	Wed	5:11	3.7	5:31	3.7	11:13	0.5	11:33	0.3	6:07	6:19	
23	Thu	5:54	3.8	6:14	4.0	11:56	0.3			6:05	6:19	
24	Fri	6:35	3.9	6:55	4.2	12:23	0.2	12:40	0.2	6:04	6:20	
25	Sat	7:15	3.9	7:35	4.4	1:11	0.0	1:22	0.0	6:02	6:21	
26	Sun	7:56	3.9	8:19	4.5	1:56	-0.1	2:04	-0.1	6:01	6:22	
27	Mon	8:41	3.8	9:09	4.6	2:42	-0.1	2:48	-0.1	6:00	6:23	
28	Tue	9:35	3.7	10:08	4.5	3:32	0.0	3:37	-0.1	5:58	6:23	
29	Wed	10:34	3.7	11:06	4.5	4:26	0.0	4:31	0.0	5:57	6:24	
30	Thu	11:32	3.6			5:21	0.2	5:28	0.1	5:55	6:25	
31	Fri	12:03	4.4	12:29	3.6	6:22	0.3	6:32	0.2	5:54	6:26	