

Cape Lookout Bight, NC - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:55	3.2	5:28	4.1	10:56	0.5	11:58	0.7	5:56	8:23	
2	Sun	5:45	3.1	6:13	4.1	11:34	0.6			5:57	8:23	
3	Mon	6:31	3.1	6:54	4.2	12:45	0.7	12:15	0.7	5:57	8:22	
4	Tue	7:12	3.2	7:31	4.2	1:30	0.7	12:59	0.7	5:58	8:22	
5	Wed	7:48	3.2	8:06	4.2	2:07	0.7	1:42	0.7	5:58	8:22	
6	Thu	8:23	3.3	8:39	4.1	2:39	0.7	2:22	0.7	5:59	8:22	
7	Fri	8:58	3.3	9:14	4.1	3:10	0.6	3:00	0.7	5:59	8:22	
8	Sat	9:36	3.4	9:52	3.9	3:42	0.6	3:39	0.7	6:00	8:22	
9	Sun	10:21	3.4	10:36	3.8	4:16	0.6	4:21	0.8	6:00	8:21	
10	Mon	11:11	3.5	11:24	3.7	4:53	0.6	5:06	0.8	6:01	8:21	
11	Tue	11:59	3.7			5:33	0.5	5:55	0.8	6:01	8:21	
12	Wed	12:11	3.7	12:45	3.9	6:14	0.5	6:47	0.8	6:02	8:20	
13	Thu	12:56	3.6	1:33	4.1	7:01	0.4	7:47	0.8	6:03	8:20	
14	Fri	1:46	3.6	2:28	4.3	7:56	0.4	8:55	0.7	6:03	8:20	
15	Sat	2:44	3.5	3:29	4.5	8:58	0.2	9:57	0.5	6:04	8:19	
16	Sun	3:47	3.6	4:28	4.8	9:56	0.0	10:52	0.3	6:04	8:19	
17	Mon	4:49	3.7	5:27	5.0	10:50	-0.2	11:46	0.1	6:05	8:18	
18	Tue	5:49	3.9	6:25	5.2	11:46	-0.3			6:06	8:18	
19	Wed	6:49	4.1	7:21	5.3	12:45	-0.1	12:47	-0.3	6:06	8:17	
20	Thu	7:45	4.4	8:12	5.3	1:45	-0.2	1:50	-0.4	6:07	8:17	
21	Fri	8:37	4.5	9:03	5.1	2:39	-0.3	2:48	-0.3	6:08	8:16	
22	Sat	9:31	4.5	9:56	4.9	3:29	-0.3	3:44	-0.2	6:08	8:16	
23	Sun	10:30	4.5	10:54	4.5	4:20	-0.3	4:42	0.0	6:09	8:15	
24	Mon	11:32	4.5	11:52	4.2	5:12	-0.1	5:41	0.2	6:10	8:14	
25	Tue			12:29	4.4	6:02	0.1	6:39	0.5	6:11	8:14	
26	Wed	12:45	4.0	1:21	4.3	6:53	0.3	7:44	0.8	6:11	8:13	
27	Thu	1:36	3.7	2:15	4.2	7:49	0.5	9:00	0.9	6:12	8:12	
28	Fri	2:30	3.4	3:12	4.1	8:53	0.7	10:02	0.9	6:13	8:11	
29	Sat	3:28	3.3	4:08	4.1	9:48	0.8	10:48	1.0	6:13	8:11	
30	Sun	4:23	3.2	4:58	4.1	10:31	0.8	11:29	1.0	6:14	8:10	
31	Mon	5:13	3.2	5:43	4.1	11:09	0.8			6:15	8:09	