

Cape Lookout Bight, NC - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:59	3.2	6:26	4.1	12:10	1.0	11:47 AM	0.8	6:16	8:08	
2	Wed	6:43	3.3	7:05	4.2	12:53	1.0	12:30	0.8	6:16	8:07	
3	Thu	7:22	3.5	7:41	4.2	1:32	0.9	1:15	0.8	6:17	8:06	
4	Fri	7:57	3.6	8:14	4.2	2:06	0.8	1:58	0.8	6:18	8:05	
5	Sat	8:32	3.7	8:48	4.2	2:37	0.8	2:37	0.8	6:19	8:05	
6	Sun	9:07	3.8	9:23	4.1	3:09	0.7	3:16	0.7	6:19	8:04	
7	Mon	9:47	3.9	10:03	4.0	3:42	0.6	3:57	0.8	6:20	8:03	
8	Tue	10:34	4.0	10:51	3.9	4:19	0.6	4:42	0.8	6:21	8:02	
9	Wed	11:26	4.1	11:42	3.8	4:59	0.6	5:30	0.8	6:22	8:01	
10	Thu			12:17	4.3	5:43	0.5	6:22	0.8	6:22	8:00	
11	Fri	12:31	3.8	1:07	4.5	6:31	0.5	7:20	0.9	6:23	7:58	
12	Sat	1:22	3.7	2:02	4.6	7:27	0.5	8:29	0.8	6:24	7:57	
13	Sun	2:20	3.7	3:05	4.7	8:33	0.4	9:37	0.7	6:25	7:56	
14	Mon	3:26	3.8	4:08	4.9	9:39	0.2	10:34	0.5	6:25	7:55	
15	Tue	4:31	4.0	5:09	5.1	10:37	0.1	11:27	0.3	6:26	7:54	
16	Wed	5:33	4.2	6:08	5.2	11:34	-0.1			6:27	7:53	
17	Thu	6:33	4.5	7:04	5.3	12:24	0.1	12:35	-0.1	6:28	7:52	
18	Fri	7:29	4.7	7:56	5.2	1:23	0.0	1:38	-0.1	6:28	7:51	
19	Sat	8:20	4.9	8:44	5.1	2:16	-0.1	2:36	-0.1	6:29	7:49	
20	Sun	9:10	4.9	9:33	4.8	3:05	-0.1	3:29	0.0	6:30	7:48	
21	Mon	10:03	4.8	10:27	4.5	3:53	0.0	4:23	0.2	6:31	7:47	
22	Tue	11:01	4.7	11:24	4.2	4:41	0.2	5:17	0.5	6:31	7:46	
23	Wed	11:58	4.6			5:30	0.4	6:12	0.8	6:32	7:45	
24	Thu	12:17	3.9	12:48	4.4	6:18	0.7	7:07	1.0	6:33	7:43	
25	Fri	1:06	3.7	1:38	4.3	7:07	0.9	8:15	1.2	6:33	7:42	
26	Sat	1:55	3.5	2:31	4.1	8:06	1.1	9:27	1.3	6:34	7:41	
27	Sun	2:50	3.4	3:28	4.1	9:12	1.2	10:17	1.3	6:35	7:39	
28	Mon	3:47	3.4	4:21	4.1	10:03	1.2	10:55	1.3	6:36	7:38	
29	Tue	4:38	3.4	5:08	4.1	10:43	1.1	11:30	1.2	6:36	7:37	
30	Wed	5:25	3.5	5:52	4.2	11:21	1.1			6:37	7:35	
31	Thu	6:09	3.7	6:33	4.2	12:06	1.2	12:02	1.0	6:38	7:34	