

Cape Lookout Bight, NC - Oct 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:57	4.5	7:18	4.3	12:36	1.0	1:05	0.9	7:00	6:51	
2	Mon	7:37	4.7	7:56	4.3	1:18	0.9	1:51	0.8	7:01	6:49	
3	Tue	8:15	4.9	8:34	4.3	1:59	0.7	2:35	0.7	7:02	6:48	
4	Wed	8:55	5.0	9:15	4.3	2:40	0.6	3:19	0.6	7:02	6:46	
5	Thu	9:40	5.0	10:03	4.2	3:22	0.6	4:05	0.6	7:03	6:45	
6	Fri	10:34	5.0	11:01	4.1	4:07	0.6	4:56	0.7	7:04	6:44	
7	Sat	11:33	5.0			4:59	0.6	5:50	0.7	7:05	6:42	
8	Sun	12:01	4.1	12:31	4.9	5:55	0.7	6:47	0.8	7:06	6:41	
9	Mon	12:58	4.1	1:28	4.9	6:56	0.8	7:51	0.8	7:06	6:40	
10	Tue	1:57	4.2	2:29	4.8	8:06	0.8	9:02	0.8	7:07	6:38	
11	Wed	3:03	4.3	3:35	4.7	9:23	0.7	10:02	0.6	7:08	6:37	
12	Thu	4:08	4.5	4:36	4.7	10:25	0.6	10:53	0.5	7:09	6:36	
13	Fri	5:07	4.8	5:34	4.7	11:21	0.4	11:41	0.4	7:10	6:34	
14	Sat	6:03	5.0	6:29	4.6			12:18	0.4	7:10	6:33	
15	Sun	6:55	5.1	7:19	4.6	12:32	0.4	1:16	0.4	7:11	6:32	
16	Mon	7:42	5.2	8:04	4.5	1:23	0.4	2:09	0.4	7:12	6:31	
17	Tue	8:24	5.1	8:46	4.3	2:11	0.5	2:55	0.5	7:13	6:29	
18	Wed	9:06	5.0	9:28	4.1	2:53	0.6	3:39	0.6	7:14	6:28	
19	Thu	9:49	4.8	10:15	3.9	3:34	0.8	4:22	0.8	7:14	6:27	
20	Fri	10:39	4.6	11:08	3.7	4:16	0.9	5:07	1.0	7:15	6:26	
21	Sat	11:31	4.4			5:00	1.1	5:51	1.1	7:16	6:24	
22	Sun	12:00	3.6	12:20	4.2	5:46	1.3	6:36	1.3	7:17	6:23	
23	Mon	12:46	3.5	1:05	4.1	6:34	1.4	7:25	1.4	7:18	6:22	
24	Tue	1:32	3.5	1:52	3.9	7:29	1.5	8:23	1.4	7:19	6:21	
25	Wed	2:22	3.6	2:43	3.8	8:36	1.5	9:19	1.3	7:20	6:20	
26	Thu	3:16	3.7	3:37	3.8	9:37	1.4	10:01	1.2	7:21	6:19	
27	Fri	4:07	3.9	4:27	3.9	10:23	1.2	10:37	1.0	7:21	6:18	
28	Sat	4:54	4.1	5:13	3.9	11:05	1.0	11:13	0.9	7:22	6:17	
29	Sun	4:39	4.4	5:00	4.0	10:48	0.8	10:53	0.7	6:23	5:16	
30	Mon	5:24	4.7	5:46	4.1	11:36	0.7	11:37	0.6	6:24	5:15	
31	Tue	6:09	4.9	6:30	4.2			12:27	0.5	6:25	5:14	