

Cape Lookout Bight, NC - Dec 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:19	5.3	7:40	4.1	12:57	-0.2	1:49	-0.2	6:54	4:55	
2	Sat	8:06	5.2	8:30	4.1	1:47	-0.3	2:36	-0.2	6:55	4:55	
3	Sun	8:58	5.1	9:28	4.1	2:38	-0.2	3:26	-0.2	6:56	4:55	
4	Mon	9:56	4.8	10:31	4.1	3:32	-0.1	4:19	-0.1	6:57	4:55	
5	Tue	10:55	4.5	11:31	4.1	4:32	0.1	5:14	0.0	6:58	4:55	
6	Wed	11:52	4.3			5:36	0.4	6:13	0.1	6:59	4:55	
7	Thu	12:31	4.1	12:50	4.0	6:49	0.5	7:19	0.2	6:59	4:55	
8	Fri	1:34	4.2	1:54	3.8	8:07	0.5	8:22	0.2	7:00	4:55	
9	Sat	2:40	4.3	2:59	3.7	9:12	0.4	9:15	0.1	7:01	4:55	
10	Sun	3:39	4.4	3:57	3.6	10:05	0.3	10:02	0.1	7:02	4:55	
11	Mon	4:32	4.5	4:50	3.6	10:56	0.3	10:48	0.1	7:02	4:55	
12	Tue	5:20	4.6	5:38	3.6	11:47	0.3	11:34	0.1	7:03	4:56	
13	Wed	6:02	4.6	6:20	3.6			12:34	0.2	7:04	4:56	
14	Thu	6:41	4.6	6:58	3.6	12:20	0.2	1:15	0.2	7:05	4:56	
15	Fri	7:17	4.6	7:34	3.5	1:01	0.2	1:52	0.2	7:05	4:56	
16	Sat	7:53	4.4	8:12	3.5	1:40	0.3	2:27	0.3	7:06	4:57	
17	Sun	8:31	4.3	8:54	3.4	2:18	0.3	3:02	0.3	7:06	4:57	
18	Mon	9:13	4.1	9:41	3.4	2:57	0.5	3:39	0.4	7:07	4:58	
19	Tue	9:58	3.9	10:31	3.4	3:39	0.6	4:18	0.5	7:08	4:58	
20	Wed	10:45	3.7	11:18	3.4	4:24	0.7	4:59	0.5	7:08	4:58	
21	Thu	11:29	3.5			5:14	0.9	5:43	0.6	7:09	4:59	
22	Fri	12:04	3.5	12:14	3.4	6:09	0.9	6:32	0.6	7:09	4:59	
23	Sat	12:53	3.6	1:05	3.3	7:14	0.9	7:27	0.5	7:10	5:00	
24	Sun	1:48	3.8	2:02	3.2	8:20	0.8	8:22	0.3	7:10	5:00	
25	Mon	2:46	4.0	3:01	3.3	9:14	0.6	9:11	0.1	7:11	5:01	
26	Tue	3:40	4.3	3:57	3.4	10:03	0.3	9:58	-0.1	7:11	5:02	
27	Wed	4:33	4.6	4:52	3.6	10:55	0.1	10:49	-0.3	7:11	5:02	
28	Thu	5:25	4.9	5:45	3.8	11:49	-0.1	11:44	-0.5	7:12	5:03	
29	Fri	6:15	5.1	6:35	4.0			12:42	-0.3	7:12	5:04	
30	Sat	7:03	5.2	7:24	4.1	12:40	-0.6	1:32	-0.5	7:12	5:04	
31	Sun	7:51	5.1	8:17	4.2	1:34	-0.6	2:20	-0.6	7:12	5:05	