

Cape Lookout Bight, NC - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:18	3.5	12:50	3.5	6:23	0.7	6:45	1.0	5:56	8:23	
2	Mon	12:59	3.4	1:33	3.6	7:04	0.7	7:40	1.1	5:57	8:23	
3	Tue	1:43	3.3	2:21	3.8	7:53	0.7	8:45	1.0	5:57	8:22	
4	Wed	2:33	3.3	3:15	4.0	8:48	0.6	9:44	0.9	5:57	8:22	
5	Thu	3:29	3.3	4:09	4.2	9:40	0.4	10:33	0.6	5:58	8:22	
6	Fri	4:25	3.3	5:01	4.5	10:27	0.2	11:20	0.5	5:58	8:22	
7	Sat	5:20	3.5	5:54	4.7	11:14	0.1			5:59	8:22	
8	Sun	6:15	3.7	6:47	5.0	12:12	0.3	12:07	-0.1	6:00	8:22	
9	Mon	7:10	3.9	7:38	5.1	1:09	0.1	1:05	-0.2	6:00	8:21	
10	Tue	8:01	4.1	8:27	5.2	2:03	-0.1	2:04	-0.2	6:01	8:21	
11	Wed	8:52	4.2	9:17	5.1	2:54	-0.2	2:59	-0.3	6:01	8:21	
12	Thu	9:46	4.3	10:12	4.9	3:44	-0.3	3:55	-0.2	6:02	8:21	
13	Fri	10:48	4.4	11:12	4.6	4:35	-0.3	4:54	-0.1	6:02	8:20	
14	Sat	11:50	4.4			5:28	-0.2	5:55	0.1	6:03	8:20	
15	Sun	12:11	4.4	12:48	4.5	6:21	-0.1	6:57	0.4	6:04	8:19	
16	Mon	1:05	4.1	1:43	4.5	7:16	0.1	8:09	0.5	6:04	8:19	
17	Tue	2:00	3.8	2:43	4.4	8:19	0.2	9:26	0.6	6:05	8:18	
18	Wed	3:02	3.6	3:45	4.4	9:24	0.3	10:25	0.6	6:06	8:18	
19	Thu	4:04	3.4	4:42	4.4	10:17	0.4	11:15	0.6	6:06	8:17	
20	Fri	5:01	3.4	5:35	4.4	11:02	0.5			6:07	8:17	
21	Sat	5:54	3.3	6:24	4.3	12:05	0.6	11:45 AM	0.5	6:08	8:16	
22	Sun	6:43	3.4	7:07	4.3	12:56	0.7	12:32	0.6	6:08	8:16	
23	Mon	7:25	3.4	7:44	4.3	1:42	0.7	1:19	0.7	6:09	8:15	
24	Tue	8:02	3.5	8:19	4.3	2:20	0.7	2:02	0.7	6:10	8:14	
25	Wed	8:36	3.5	8:52	4.2	2:52	0.7	2:41	0.7	6:10	8:14	
26	Thu	9:12	3.5	9:28	4.0	3:22	0.7	3:18	0.8	6:11	8:13	
27	Fri	9:51	3.6	10:08	3.9	3:53	0.7	3:57	0.8	6:12	8:12	
28	Sat	10:37	3.6	10:53	3.7	4:27	0.7	4:38	0.9	6:13	8:12	
29	Sun	11:26	3.7	11:39	3.6	5:03	0.7	5:23	1.0	6:13	8:11	
30	Mon			12:11	3.8	5:41	0.8	6:09	1.0	6:14	8:10	
31	Tue	12:22	3.5	12:55	3.9	6:21	0.8	6:59	1.1	6:15	8:09	