

Cape Lookout Bight, NC - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:06	3.5	1:42	4.1	7:07	0.7	7:59	1.1	6:16	8:08	
2	Thu	1:54	3.4	2:35	4.2	8:02	0.7	9:06	1.0	6:16	8:08	
3	Fri	2:51	3.4	3:34	4.4	9:04	0.5	10:03	0.8	6:17	8:07	
4	Sat	3:53	3.5	4:32	4.7	10:01	0.3	10:54	0.5	6:18	8:06	
5	Sun	4:52	3.7	5:29	4.9	10:53	0.1	11:46	0.3	6:18	8:05	
6	Mon	5:51	4.0	6:26	5.1	11:48	0.0			6:19	8:04	
7	Tue	6:49	4.3	7:20	5.3	12:42	0.1	12:48	-0.1	6:20	8:03	
8	Wed	7:43	4.6	8:10	5.3	1:39	0.0	1:50	-0.2	6:21	8:02	
9	Thu	8:35	4.8	9:00	5.2	2:32	-0.2	2:47	-0.3	6:21	8:01	
10	Fri	9:27	4.9	9:53	4.9	3:22	-0.3	3:43	-0.2	6:22	8:00	
11	Sat	10:26	4.9	10:51	4.6	4:12	-0.2	4:41	0.0	6:23	7:59	
12	Sun	11:28	4.8	11:51	4.4	5:04	-0.1	5:40	0.2	6:24	7:58	
13	Mon			12:27	4.8	5:57	0.1	6:41	0.5	6:24	7:57	
14	Tue	12:46	4.1	1:21	4.7	6:51	0.3	7:48	0.7	6:25	7:55	
15	Wed	1:40	3.8	2:19	4.5	7:52	0.6	9:06	0.9	6:26	7:54	
16	Thu	2:39	3.6	3:21	4.4	9:01	0.7	10:09	0.9	6:27	7:53	
17	Fri	3:42	3.5	4:20	4.3	10:00	0.8	10:57	0.9	6:27	7:52	
18	Sat	4:40	3.5	5:12	4.3	10:46	0.8	11:41	1.0	6:28	7:51	
19	Sun	5:32	3.5	6:00	4.3	11:28	0.9			6:29	7:50	
20	Mon	6:19	3.5	6:43	4.3	12:25	1.0	12:10	0.9	6:30	7:49	
21	Tue	7:00	3.7	7:20	4.3	1:08	1.0	12:55	0.9	6:30	7:47	
22	Wed	7:36	3.8	7:54	4.3	1:45	1.0	1:39	0.9	6:31	7:46	
23	Thu	8:10	3.9	8:26	4.2	2:16	0.9	2:18	0.9	6:32	7:45	
24	Fri	8:43	4.0	8:59	4.1	2:46	0.9	2:54	0.9	6:33	7:44	
25	Sat	9:18	4.0	9:34	4.0	3:16	0.9	3:31	0.9	6:33	7:42	
26	Sun	9:57	4.1	10:14	3.9	3:48	0.9	4:10	1.0	6:34	7:41	
27	Mon	10:43	4.1	11:01	3.8	4:23	0.9	4:53	1.0	6:35	7:40	
28	Tue	11:33	4.2	11:50	3.7	5:02	0.9	5:39	1.1	6:35	7:38	
29	Wed			12:21	4.3	5:45	0.9	6:28	1.1	6:36	7:37	
30	Thu	12:36	3.7	1:09	4.4	6:32	0.9	7:24	1.1	6:37	7:36	
31	Fri	1:26	3.7	2:03	4.5	7:28	0.8	8:31	1.1	6:38	7:34	