

Cape Lookout Bight, NC - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:59	4.9	4:24	4.5	10:15	0.3	10:28	0.1	6:26	5:13	
2	Fri	4:55	5.2	5:21	4.5	11:12	0.2	11:21	0.1	6:27	5:12	
3	Sat	5:50	5.4	6:15	4.5			12:13	0.1	6:28	5:11	
4	Sun	6:40	5.4	7:04	4.4	12:15	0.1	1:09	0.1	6:29	5:10	
5	Mon	7:26	5.4	7:50	4.3	1:07	0.1	1:59	0.1	6:29	5:09	
6	Tue	8:12	5.2	8:37	4.1	1:56	0.3	2:47	0.3	6:30	5:08	
7	Wed	9:01	4.9	9:31	3.8	2:42	0.4	3:36	0.5	6:31	5:07	
8	Thu	9:56	4.6	10:30	3.7	3:30	0.7	4:25	0.7	6:32	5:06	
9	Fri	10:50	4.3	11:22	3.6	4:20	0.9	5:13	0.9	6:33	5:06	
10	Sat	11:39	4.1			5:11	1.1	6:01	1.0	6:34	5:05	
11	Sun	12:10	3.5	12:26	3.9	6:04	1.3	6:56	1.1	6:35	5:04	
12	Mon	12:58	3.5	1:14	3.7	7:10	1.4	7:55	1.2	6:36	5:03	
13	Tue	1:51	3.6	2:07	3.6	8:21	1.3	8:42	1.1	6:37	5:03	
14	Wed	2:43	3.7	2:59	3.5	9:10	1.2	9:17	1.0	6:38	5:02	
15	Thu	3:30	3.9	3:46	3.5	9:49	1.1	9:50	0.9	6:39	5:01	
16	Fri	4:13	4.1	4:31	3.5	10:28	1.0	10:24	0.8	6:40	5:01	
17	Sat	4:56	4.3	5:15	3.6	11:09	0.8	11:02	0.7	6:41	5:00	
18	Sun	5:38	4.5	5:58	3.6	11:55	0.7	11:45	0.6	6:42	5:00	
19	Mon	6:19	4.6	6:38	3.7			12:41	0.6	6:43	4:59	
20	Tue	6:58	4.8	7:18	3.7	12:31	0.5	1:25	0.5	6:44	4:59	
21	Wed	7:38	4.8	7:59	3.7	1:16	0.4	2:07	0.4	6:45	4:58	
22	Thu	8:21	4.8	8:46	3.7	2:01	0.4	2:52	0.3	6:46	4:58	
23	Fri	9:12	4.7	9:44	3.7	2:48	0.3	3:40	0.3	6:47	4:57	
24	Sat	10:11	4.6	10:46	3.8	3:41	0.4	4:31	0.3	6:48	4:57	
25	Sun	11:09	4.5	11:43	4.0	4:39	0.4	5:24	0.3	6:49	4:57	
26	Mon			12:04	4.3	5:40	0.5	6:20	0.3	6:49	4:56	
27	Tue	12:40	4.1	1:01	4.2	6:49	0.5	7:24	0.2	6:50	4:56	
28	Wed	1:42	4.3	2:04	4.0	8:07	0.5	8:27	0.1	6:51	4:56	
29	Thu	2:45	4.5	3:07	3.9	9:12	0.3	9:20	0.0	6:52	4:56	
30	Fri	3:44	4.7	4:06	3.9	10:07	0.2	10:09	-0.1	6:53	4:55	