

Cape Lookout Bight, NC - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:08	4.4	6:29	3.3			12:44	0.1	7:13	5:05	
2	Wed	6:51	4.4	7:11	3.3	12:25	0.1	1:29	0.1	7:13	5:06	
3	Thu	7:30	4.2	7:50	3.2	1:12	0.1	2:08	0.1	7:13	5:07	
4	Fri	8:08	4.1	8:30	3.1	1:54	0.2	2:44	0.2	7:13	5:08	
5	Sat	8:48	3.8	9:15	3.1	2:34	0.3	3:20	0.3	7:13	5:09	
6	Sun	9:33	3.6	10:06	3.1	3:15	0.4	3:56	0.3	7:13	5:09	
7	Mon	10:21	3.4	10:54	3.1	3:59	0.6	4:33	0.4	7:13	5:10	
8	Tue	11:06	3.3	11:38	3.2	4:45	0.7	5:11	0.5	7:13	5:11	
9	Wed	11:47	3.1			5:32	0.8	5:50	0.5	7:13	5:12	
10	Thu	12:20	3.3	12:30	3.0	6:25	0.8	6:36	0.5	7:13	5:13	
11	Fri	1:06	3.4	1:17	2.9	7:29	0.8	7:30	0.5	7:13	5:14	
12	Sat	1:58	3.5	2:12	2.8	8:31	0.7	8:24	0.3	7:13	5:15	
13	Sun	2:52	3.7	3:07	2.8	9:21	0.5	9:11	0.1	7:13	5:16	
14	Mon	3:44	3.9	4:01	2.9	10:06	0.3	9:56	0.0	7:13	5:17	
15	Tue	4:35	4.2	4:54	3.1	10:54	0.1	10:45	-0.2	7:12	5:17	
16	Wed	5:27	4.4	5:48	3.3	11:47	0.0	11:39	-0.3	7:12	5:18	
17	Thu	6:17	4.6	6:38	3.6			12:40	-0.3	7:12	5:19	
18	Fri	7:04	4.7	7:27	3.8	12:37	-0.5	1:30	-0.4	7:12	5:20	
19	Sat	7:51	4.7	8:17	3.9	1:32	-0.6	2:17	-0.6	7:11	5:21	
20	Sun	8:42	4.5	9:13	4.0	2:26	-0.6	3:06	-0.6	7:11	5:22	
21	Mon	9:38	4.3	10:15	4.1	3:22	-0.5	3:56	-0.6	7:10	5:23	
22	Tue	10:38	4.0	11:15	4.1	4:21	-0.3	4:48	-0.5	7:10	5:24	
23	Wed	11:34	3.8			5:21	-0.1	5:41	-0.4	7:10	5:25	
24	Thu	12:11	4.2	12:28	3.5	6:26	0.1	6:39	-0.2	7:09	5:26	
25	Fri	1:08	4.1	1:27	3.3	7:44	0.2	7:46	-0.1	7:09	5:27	
26	Sat	2:11	4.1	2:31	3.1	8:55	0.2	8:49	-0.1	7:08	5:28	
27	Sun	3:13	4.0	3:34	3.0	9:51	0.2	9:40	0.0	7:07	5:29	
28	Mon	4:10	4.0	4:31	3.0	10:42	0.2	10:27	0.0	7:07	5:30	
29	Tue	5:04	4.0	5:25	3.0	11:34	0.2	11:16	0.1	7:06	5:31	
30	Wed	5:52	4.0	6:12	3.1			12:26	0.2	7:06	5:32	
31	Thu	6:33	4.0	6:51	3.1	12:06	0.2	1:08	0.2	7:05	5:33	