

Cape Lookout Bight, NC - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:42	4.6			5:16	-0.1	5:48	0.3	6:16	8:08	
2	Sat	12:02	4.3	12:39	4.7	6:08	0.0	6:49	0.4	6:17	8:07	
3	Sun	12:57	4.1	1:34	4.7	7:02	0.2	7:59	0.6	6:18	8:06	
4	Mon	1:53	3.9	2:35	4.7	8:05	0.3	9:16	0.6	6:18	8:05	
5	Tue	2:55	3.7	3:38	4.6	9:13	0.4	10:19	0.6	6:19	8:04	
6	Wed	4:00	3.6	4:39	4.6	10:12	0.4	11:11	0.6	6:20	8:03	
7	Thu	5:00	3.6	5:35	4.6	11:02	0.4			6:21	8:02	
8	Fri	5:57	3.6	6:28	4.6	12:03	0.6	11:52 AM	0.5	6:21	8:01	
9	Sat	6:49	3.7	7:14	4.6	12:57	0.6	12:44	0.6	6:22	8:00	
10	Sun	7:34	3.8	7:54	4.5	1:46	0.6	1:36	0.6	6:23	7:59	
11	Mon	8:12	3.8	8:30	4.4	2:25	0.7	2:20	0.7	6:24	7:58	
12	Tue	8:48	3.9	9:05	4.2	2:59	0.7	2:59	0.7	6:24	7:57	
13	Wed	9:26	3.9	9:43	4.1	3:31	0.7	3:38	0.8	6:25	7:56	
14	Thu	10:07	3.8	10:25	3.9	4:03	0.8	4:17	0.9	6:26	7:55	
15	Fri	10:55	3.9	11:12	3.7	4:37	0.9	5:00	1.0	6:27	7:53	
16	Sat	11:42	3.9	11:57	3.6	5:14	0.9	5:43	1.2	6:27	7:52	
17	Sun			12:26	3.9	5:52	1.0	6:29	1.3	6:28	7:51	
18	Mon	12:39	3.5	1:10	4.0	6:33	1.0	7:20	1.3	6:29	7:50	
19	Tue	1:22	3.4	1:56	4.1	7:20	1.1	8:23	1.3	6:29	7:49	
20	Wed	2:11	3.4	2:51	4.2	8:18	1.0	9:26	1.2	6:30	7:48	
21	Thu	3:08	3.4	3:48	4.3	9:19	0.9	10:17	1.0	6:31	7:46	
22	Fri	4:07	3.5	4:43	4.6	10:12	0.7	11:03	0.8	6:32	7:45	
23	Sat	5:03	3.8	5:36	4.8	11:02	0.5	11:50	0.6	6:32	7:44	
24	Sun	5:58	4.1	6:30	5.0	11:54	0.3			6:33	7:43	
25	Mon	6:52	4.4	7:20	5.1	12:42	0.4	12:53	0.2	6:34	7:41	
26	Tue	7:43	4.7	8:08	5.2	1:36	0.2	1:52	0.0	6:35	7:40	
27	Wed	8:32	5.0	8:56	5.1	2:25	0.0	2:47	0.0	6:35	7:39	
28	Thu	9:22	5.1	9:47	4.9	3:13	-0.1	3:41	0.0	6:36	7:37	
29	Fri	10:19	5.1	10:45	4.6	4:02	0.0	4:37	0.1	6:37	7:36	
30	Sat	11:21	5.1	11:45	4.4	4:53	0.1	5:36	0.3	6:37	7:35	
31	Sun			12:20	5.0	5:47	0.2	6:36	0.6	6:38	7:33	