




























Cape Lookout Bight, NC - May 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:53	3.9	4:28	4.4	10:10	0.2	10:49	0.2	6:15	7:50	
2	Tue	4:52	3.9	5:24	4.8	10:57	-0.1	11:44	0.0	6:14	7:51	
3	Wed	5:47	4.0	6:18	5.2	11:46	-0.3			6:13	7:52	
4	Thu	6:40	4.1	7:09	5.4	12:42	-0.2	12:38	-0.4	6:12	7:53	
5	Fri	7:30	4.1	7:57	5.4	1:39	-0.3	1:31	-0.4	6:11	7:54	
6	Sat	8:17	4.0	8:44	5.3	2:30	-0.3	2:22	-0.4	6:10	7:54	
7	Sun	9:04	3.9	9:34	5.1	3:20	-0.2	3:11	-0.2	6:09	7:55	
8	Mon	9:57	3.7	10:30	4.7	4:09	0.0	4:01	0.0	6:08	7:56	
9	Tue	10:57	3.5	11:28	4.4	5:01	0.3	4:55	0.3	6:07	7:57	
10	Wed	11:58	3.4			5:55	0.5	5:52	0.6	6:07	7:58	
11	Thu	12:24	4.1	12:54	3.4	6:51	0.7	6:54	0.9	6:06	7:58	
12	Fri	1:16	3.8	1:50	3.4	7:52	0.8	8:09	1.0	6:05	7:59	
13	Sat	2:10	3.6	2:50	3.4	8:54	0.8	9:22	1.0	6:04	8:00	
14	Sun	3:09	3.4	3:48	3.6	9:42	0.8	10:16	0.9	6:03	8:01	
15	Mon	4:04	3.3	4:37	3.8	10:20	0.7	11:00	0.8	6:03	8:01	
16	Tue	4:52	3.3	5:20	4.0	10:54	0.7	11:41	0.7	6:02	8:02	
17	Wed	5:36	3.3	6:00	4.2	11:28	0.6			6:01	8:03	
18	Thu	6:17	3.3	6:39	4.4	12:25	0.6	12:05	0.6	6:00	8:04	
19	Fri	6:56	3.3	7:16	4.5	1:09	0.6	12:46	0.5	6:00	8:04	
20	Sat	7:33	3.4	7:53	4.6	1:50	0.5	1:27	0.5	5:59	8:05	
21	Sun	8:09	3.4	8:29	4.6	2:28	0.5	2:07	0.4	5:59	8:06	
22	Mon	8:46	3.3	9:08	4.6	3:06	0.5	2:46	0.4	5:58	8:07	
23	Tue	9:27	3.3	9:53	4.5	3:45	0.5	3:28	0.4	5:57	8:07	
24	Wed	10:16	3.3	10:44	4.4	4:26	0.5	4:13	0.5	5:57	8:08	
25	Thu	11:13	3.4	11:38	4.2	5:11	0.5	5:06	0.5	5:56	8:09	
26	Fri			12:09	3.5	5:58	0.5	6:04	0.6	5:56	8:09	
27	Sat	12:30	4.1	1:04	3.8	6:48	0.5	7:10	0.7	5:55	8:10	
28	Sun	1:22	3.9	2:01	4.0	7:44	0.4	8:24	0.6	5:55	8:11	
29	Mon	2:20	3.8	3:04	4.3	8:44	0.3	9:35	0.5	5:55	8:11	
30	Tue	3:23	3.7	4:05	4.6	9:39	0.1	10:34	0.3	5:54	8:12	
31	Wed	4:24	3.6	5:03	4.9	10:30	-0.1	11:29	0.2	5:54	8:13	