
































Cape Lookout Bight, NC - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:03	3.5	6:39	5.0	12:15	0.3	11:57 AM	0.0	5:56	8:23	
2	Sun	6:58	3.6	7:29	5.0	1:13	0.3	12:55	0.0	5:57	8:23	
3	Mon	7:47	3.7	8:14	4.9	2:05	0.2	1:51	0.0	5:57	8:22	
4	Tue	8:32	3.7	8:56	4.7	2:50	0.2	2:40	0.1	5:58	8:22	
5	Wed	9:17	3.7	9:40	4.4	3:32	0.2	3:26	0.3	5:58	8:22	
6	Thu	10:06	3.7	10:26	4.2	4:11	0.3	4:12	0.4	5:59	8:22	
7	Fri	10:57	3.7	11:13	3.9	4:50	0.4	4:58	0.6	5:59	8:22	
8	Sat	11:46	3.7	11:57	3.7	5:28	0.5	5:46	0.8	6:00	8:22	
9	Sun			12:30	3.7	6:06	0.6	6:36	1.0	6:00	8:21	
10	Mon	12:39	3.4	1:14	3.8	6:46	0.8	7:34	1.1	6:01	8:21	
11	Tue	1:22	3.2	2:01	3.8	7:32	0.8	8:42	1.2	6:02	8:21	
12	Wed	2:10	3.0	2:55	3.8	8:26	0.9	9:43	1.1	6:02	8:20	
13	Thu	3:06	2.9	3:52	3.9	9:21	0.8	10:32	1.1	6:03	8:20	
14	Fri	4:05	2.9	4:46	4.1	10:08	0.7	11:18	0.9	6:03	8:20	
15	Sat	4:59	3.0	5:36	4.3	10:53	0.6			6:04	8:19	
16	Sun	5:51	3.1	6:24	4.5	12:05	0.8	11:40 AM	0.5	6:05	8:19	
17	Mon	6:40	3.3	7:09	4.7	12:54	0.7	12:31	0.3	6:05	8:18	
18	Tue	7:25	3.6	7:51	4.8	1:40	0.5	1:24	0.2	6:06	8:18	
19	Wed	8:08	3.8	8:32	4.8	2:21	0.3	2:14	0.1	6:07	8:17	
20	Thu	8:52	4.0	9:15	4.7	3:00	0.1	3:03	0.0	6:07	8:17	
21	Fri	9:41	4.2	10:02	4.5	3:40	0.0	3:52	0.1	6:08	8:16	
22	Sat	10:34	4.4	10:53	4.3	4:21	-0.1	4:44	0.2	6:09	8:15	
23	Sun	11:31	4.5	11:47	4.0	5:06	-0.1	5:40	0.3	6:09	8:15	
24	Mon			12:25	4.6	5:53	0.0	6:40	0.5	6:10	8:14	
25	Tue	12:39	3.8	1:20	4.6	6:45	0.1	7:48	0.7	6:11	8:13	
26	Wed	1:33	3.5	2:21	4.6	7:45	0.2	9:05	0.8	6:12	8:13	
27	Thu	2:35	3.4	3:28	4.6	8:53	0.3	10:12	0.7	6:12	8:12	
28	Fri	3:45	3.3	4:34	4.6	9:57	0.3	11:09	0.6	6:13	8:11	
29	Sat	4:52	3.3	5:35	4.7	10:54	0.3			6:14	8:10	
30	Sun	5:54	3.5	6:30	4.7	12:05	0.6	11:49 AM	0.3	6:14	8:10	
31	Mon	6:48	3.6	7:17	4.7	1:00	0.5	12:46	0.3	6:15	8:09	