US HARBORS www.USHarbors.com

Cape Lookout Bight, NC - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**9:57**	3.6	**10:35**	4.5	**3:56**	-0.2	**3:58**	-0.4	6:35	6:01	
2	Fri	**10:56**	3.4	**11:33**	4.4	**4:53**	0.0	**4:52**	-0.2	6:33	6:02	
3	Sat	**11:53**	3.2			**5:53**	0.2	**5:49**	0.0	6:32	6:03	
4	Sun	**12:31**	4.3	**12:51**	3.1	**7:06**	0.4	**6:58**	0.1	6:31	6:04	
5	Mon	**1:35**	4.1	**1:59**	3.0	**8:26**	0.4	**8:17**	0.2	6:30	6:05	
6	Tue	**2:44**	4.0	**3:10**	3.1	**9:27**	0.4	**9:22**	0.2	6:28	6:06	
7	Wed	**3:48**	4.0	**4:12**	3.2	**10:17**	0.3	**10:17**	0.2	6:27	6:07	
8	Thu	**4:45**	3.9	**5:09**	3.4	**11:05**	0.3	**11:11**	0.2	6:26	6:07	
9	Fri	**5:36**	3.9	**5:58**	3.6	**11:52**	0.3			6:24	6:08	
10	Sat	**6:20**	3.8	**6:38**	3.8	**12:07**	0.2	**12:35**	0.3	6:23	6:09	
11	Sun	**6:57**	3.7	**7:14**	3.9	**12:56**	0.2	**1:11**	0.3	6:22	6:10	
12	Mon	**7:31**	3.6	**7:47**	3.9	**1:37**	0.2	**1:43**	0.3	6:20	6:11	
13	Tue	**8:04**	3.4	**8:22**	3.9	**2:13**	0.3	**2:13**	0.4	6:19	6:11	
14	Wed	**8:39**	3.2	**9:01**	3.8	**2:49**	0.4	**2:44**	0.4	6:17	6:12	
15	Thu	**9:19**	3.1	**9:46**	3.7	**3:26**	0.5	**3:19**	0.5	6:16	6:13	
16	Fri	**10:05**	2.9	**10:35**	3.7	**4:06**	0.7	**3:56**	0.6	6:15	6:14	
17	Sat	**10:52**	2.8	**11:21**	3.6	**4:48**	0.8	**4:37**	0.7	6:13	6:15	
18	Sun	**11:35**	2.7			**5:33**	1.0	**5:21**	0.7	6:12	6:16	
19	Mon	**12:07**	3.6	**12:20**	2.7	**6:26**	1.0	**6:14**	0.8	6:11	6:16	
20	Tue	**12:56**	3.6	**1:13**	2.8	**7:31**	1.0	**7:20**	0.8	6:09	6:17	
21	Wed	**1:54**	3.6	**2:15**	2.9	**8:32**	0.9	**8:29**	0.6	6:08	6:18	
22	Thu	**2:52**	3.7	**3:15**	3.2	**9:18**	0.7	**9:24**	0.4	6:06	6:19	
23	Fri	**3:47**	3.8	**4:10**	3.6	**10:00**	0.4	**10:15**	0.2	6:05	6:19	
24	Sat	**4:39**	3.9	**5:03**	4.0	**10:43**	0.2	**11:10**	0.0	6:04	6:20	
25	Sun	**5:30**	4.0	**5:54**	4.5	**11:30**	0.0			6:02	6:21	
26	Mon	**6:20**	4.1	**6:43**	4.8	**12:08**	-0.2	**12:21**	-0.2	6:01	6:22	
27	Tue	**7:06**	4.1	**7:30**	5.0	**1:05**	-0.3	**1:10**	-0.4	5:59	6:23	
28	Wed	**7:52**	4.0	**8:19**	5.1	**1:57**	-0.4	**1:58**	-0.4	5:58	6:23	
29	Thu	**8:42**	3.8	**9:15**	4.9	**2:49**	-0.3	**2:48**	-0.4	5:57	6:24	
30	Fri	**9:41**	3.6	**10:17**	4.8	**3:44**	-0.1	**3:41**	-0.2	5:55	6:25	
31	Sat	**10:44**	3.5	**11:19**	4.6	**4:42**	0.1	**4:38**	0.0	5:54	6:26	