

































Cape Lookout Bight, NC - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:50	3.7	10:28	4.6	3:51	-0.2	3:54	-0.4	6:35	6:01	
2	Fri	10:45	3.5	11:25	4.4	4:46	0.1	4:46	-0.2	6:33	6:02	
3	Sat	11:42	3.3			5:47	0.4	5:45	0.0	6:32	6:03	
4	Sun	12:24	4.2	12:42	3.1	7:01	0.6	6:56	0.2	6:31	6:04	
5	Mon	1:32	4.1	1:56	3.0	8:23	0.6	8:18	0.3	6:30	6:05	
6	Tue	2:47	4.0	3:13	3.1	9:27	0.5	9:25	0.2	6:28	6:06	
7	Wed	3:54	4.0	4:18	3.4	10:20	0.3	10:22	0.1	6:27	6:07	
8	Thu	4:51	4.1	5:13	3.6	11:09	0.2	11:17	0.1	6:26	6:07	
9	Fri	5:39	4.1	5:59	3.9	11:55	0.1			6:24	6:08	
10	Sat	6:20	4.1	6:38	4.0	12:10	0.0	12:36	0.0	6:23	6:09	
11	Sun	6:56	4.0	7:13	4.2	12:55	0.0	1:11	0.0	6:22	6:10	
12	Mon	7:29	3.9	7:46	4.2	1:35	0.0	1:43	0.0	6:20	6:11	
13	Tue	8:02	3.7	8:21	4.2	2:11	0.0	2:14	0.1	6:19	6:11	
14	Wed	8:37	3.5	9:00	4.1	2:46	0.2	2:45	0.2	6:17	6:12	
15	Thu	9:16	3.3	9:43	3.9	3:23	0.3	3:19	0.3	6:16	6:13	
16	Fri	10:00	3.1	10:31	3.8	4:03	0.6	3:56	0.5	6:15	6:14	
17	Sat	10:45	2.9	11:18	3.7	4:47	0.8	4:37	0.6	6:13	6:15	
18	Sun	11:32	2.8			5:36	1.0	5:25	0.8	6:12	6:16	
19	Mon	12:07	3.6	12:21	2.7	6:38	1.1	6:25	0.8	6:11	6:16	
20	Tue	1:03	3.6	1:22	2.8	7:52	1.1	7:40	0.8	6:09	6:17	
21	Wed	2:07	3.6	2:30	2.9	8:50	0.9	8:46	0.6	6:08	6:18	
22	Thu	3:08	3.7	3:31	3.3	9:35	0.7	9:40	0.4	6:06	6:19	
23	Fri	4:02	3.9	4:24	3.7	10:16	0.4	10:31	0.1	6:05	6:19	
24	Sat	4:52	4.0	5:14	4.2	10:59	0.1	11:25	-0.1	6:04	6:20	
25	Sun	5:39	4.2	6:01	4.6	11:44	-0.1			6:02	6:21	
26	Mon	6:23	4.3	6:46	5.0	12:19	-0.3	12:29	-0.3	6:01	6:22	
27	Tue	7:06	4.2	7:30	5.1	1:09	-0.4	1:14	-0.5	5:59	6:23	
28	Wed	7:50	4.1	8:17	5.2	1:57	-0.5	1:58	-0.6	5:58	6:23	
29	Thu	8:37	4.0	9:10	5.0	2:46	-0.3	2:45	-0.5	5:57	6:24	
30	Fri	9:32	3.7	10:09	4.8	3:38	-0.1	3:35	-0.3	5:55	6:25	
31	Sat	10:32	3.5	11:10	4.5	4:33	0.1	4:31	0.0	5:54	6:26	